

Benfleet League 2010

29/10/2011

Best 6 Results To Count -

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Points

MICHAEL BRIGGS M	Canvey 5k 5 k	100.00	THRIFT GREEN TROTTER	91.46	Tiptree 10 10 Mile	86.11	546.49
	Braintree 5 5 Mile	92.16	Self Trans 5k 5 k	91.20	Southend 10k 10 k	85.57	
TARNYA PARKER F	Braintree 5 5 Mile	93.98	HAVERING 90 JOGGERS 5	89.84	THRIFT GREEN TROTTER	85.84	528.69
	FELSTED 10k 10 k	91.63	Roding Valley Half Maratho	87.58	Great Bentley Half Maratho	79.82	
SARAH GRABOWSKI F	Southend 10k 10 k	82.84	Tiptree 10 10 Mile	81.62	Great Bentley Half Maratho	78.86	483.49
	HAVERING 90 JOGGERS 5	82.51	Witham 5 5 Mile	79.16	THRIFT GREEN TROTTER	78.49	
JEZ MANCER M	THRIFT GREEN TROTTER	91.88	Ingatestone 5 5 Mile	89.19	Tiptree 10 10 Mile	88.71	448.44
	Great Bentley Half Maratho	89.53	Standard Chartered Great C	89.13			
MATTHEW HARPER-WA M	GREAT BENTLEY FRIDAY	77.55	Standard Chartered Great C	74.21	HORNDON 10K 10 k	70.85	442.99
	HAVERING 90 JOGGERS 5	77.55	Self Trans 5k 5 k	72.73	Southend Half Marathon 1/2	70.09	
ANNETTE JOHNSON F	Ingatestone 5 5 Mile	74.94	FELSTED 10k 10 k	72.92	Southend Half Marathon 1/2	69.44	432.24
	Baddow 10 10 Mile	73.92	Leigh 10k 10 k	72.66	Paddock Wood Half Marath	68.36	
ALAN CLARK M	GREAT BENTLEY FRIDAY	89.78	Southend 10k 10 k	83.66	Great Bentley Half Maratho	75.32	419.56
	Springfield Striders 5 5 Mile	89.78	HORNDON 10K 10 k	81.03			
ISLA SINCLAIR F	Ingatestone 5 5 Mile	77.99	THRIFT GREEN TROTTER	68.53	Great Bentley Half Maratho	64.49	412.30
	Baddow 10 10 Mile	73.95	Paddock Wood Half Marath	68.33	Southend 10k 10 k	59.02	
MORGAN REDDISH M	Springfield Striders 5 5 Mile	74.99	Leigh 10k 10 k	65.94	Great Bentley Half Maratho	65.28	406.63
	Ingatestone 5 5 Mile	69.78	Baddow 10 10 Mile	65.51	Southend 10k 10 k	65.14	
DEBRA FRANCIS F	Southend 10k 10 k	83.40	Baddow 10 10 Mile	80.22	Great Bentley Half Maratho	73.77	398.82
	Tiptree 10 10 Mile	82.89	Southend Half Marathon 1/2	78.53			
KEVIN CHALLIS M	THRIFT GREEN TROTTER	80.99	Ingatestone 5 5 Mile	78.58	Southend Half Marathon 1/2	77.28	393.20
	Canvey 10k 10 k	78.73	Great Bentley Half Maratho	77.62			
PETER WATSON - JNR M	Baddow 10 10 Mile	78.75	Great Bentley Half Maratho	74.67	Southend 10k 10 k	73.66	377.92
	FELSTED 10k 10 k	76.49	Brentwood Half Marathon 1/	74.35			
STEVE LINE M	Springfield Striders 5 5 Mile	81.33	Paddock Wood Half Marath	75.03	Baddow 10 10 Mile	68.90	376.44
	HAVERING 90 JOGGERS 5	79.08	Great Bentley Half Maratho	72.09			
JENNIE PAGE F	HORNDON 10K 10 k	84.71	THRIFT GREEN TROTTER	74.04	Great Bentley Half Maratho	65.04	366.52
	Baddow 10 10 Mile	77.07	Paddock Wood Half Marath	65.66			

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VICTOR MC CLOUD M	THRIFT GREEN TROTTER 61.60	Roding Valley Half Maratho 59.97	Great Bentley Half Maratho 58.46	357.80
	Ingatestone 5 5 Mile 60.75	Baddow 10 10 Mile 58.77	Tiptree 10 10 Mile 58.25	
LOUISA LATHAM F	Southend 10k 10 k 92.03	Braintree 5 5 Mile 86.50		354.16
	Ingatestone 5 5 Mile 91.93	THRIFT GREEN TROTTER 83.70		
ANDREW MORRIS M	THRIFT GREEN TROTTER 84.55	Tiptree 10 10 Mile 82.45		331.53
	Braintree 5 5 Mile 82.56	Roding Valley Half Maratho 81.97		
MIKE GROUT M	Ingatestone 5 5 Mile 81.47	Witham 5 5 Mile 79.28		319.06
	Southend 10k 10 k 80.44	Serpentine New Years Day 77.87		
PETER WATSON M	Canvey 10k 10 k 69.18	Leigh 10k 10 k 61.79	Southend Half Marathon 1/2 58.87	313.67
	Ingatestone 5 5 Mile 62.41	Baddow 10 10 Mile 61.43		
KEVIN SEXTON M	Leigh 10k 10 k 80.57	Southend Half Marathon 1/2 75.41		308.79
	HORNDON 10K 10 k 78.02	Roding Valley Half Maratho 74.79		
TIM TOMLINS M	Ingatestone 5 5 Mile 77.98	HORNDON 10K 10 k 75.66		303.29
	Tiptree 10 10 Mile 76.23	Southend Half Marathon 1/2 73.43		
FRANCES WEBSTER F	Braintree 5 5 Mile 79.95	Tiptree 10 10 Mile 71.97		296.10
	Ingatestone 5 5 Mile 75.15	Great Bentley Half Maratho 69.02		
GRAEME NEWMAN M	Canvey 5k 5 k 82.12	Southend 10k 10 k 71.10		294.99
	Ingatestone 5 5 Mile 72.29	Roding Valley Half Maratho 69.48		
GARY BEESTON M	Southend Half Marathon 1/2 61.18	Baddow 10 10 Mile 58.89	FELSTED 10k 10 k 57.51	294.98
	Tiptree 10 10 Mile 59.53	Southend 10k 10 k 57.87		
DOMINIQUE BALLARD F	Ingatestone 5 5 Mile 100.00	Self Trans 5k 5 k 94.96		294.96
	Southend 10k 10 k 100.00			
RICHARD NATION M	HORNDON 10K 10 k 73.62	Baddow 10 10 Mile 71.07		286.85
	Canvey 10k 10 k 72.73	Brentwood Half Marathon 1/ 69.43		
TRACY BLISS F	Ingatestone 5 5 Mile 59.92	Witham 5 5 Mile 56.76	Brentwood Half Marathon 1/ 53.41	281.08
	Serpentine New Years Day 57.41	Great Bentley Half Maratho 53.57		
BOB CHAPMAN M	Southend Half Marathon 1/2 56.56	FELSTED 10k 10 k 56.25	Baddow 10 10 Mile 54.75	279.27
	Leigh 10k 10 k 56.56	Paddock Wood Half Marath 55.15		

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ANTHONY EDEN M	Mersea 10 mile 10 Mile 69.74	Southend Half Marathon 1/2 66.61	270.66
	Southend 10k 10 k 68.51	Great Bentley Half Maratho 65.80	
KEVIN COMPTON M	HORNDON 10K 10 k 67.65	Baddow 10 10 Mile 67.25	269.19
	Brentwood Half Marathon 1/ 67.44	Great Bentley Half Maratho 66.85	
BARBARA OLIVER F	Canvey 10k 10 k 80.19	Tiptree 10 10 Mile 67.25	267.90
	Southend 10k 10 k 68.61	Great North Run 1/2 Marath 51.86	
GODFREY MATHER M	Standard Chartered Great C 67.90	Great Bentley Half Maratho 65.34	265.18
	Ingatestone 5 5 Mile 66.67	Paddock Wood Half Marath 65.27	
JOHN BORAM M	HORNDON 10K 10 k 67.54	Baddow 10 10 Mile 63.90	258.96
	Canvey 10k 10 k 64.31	Witham 5 5 Mile 63.21	
SARAH NORTON F	Brentwood Half Marathon 1/ 68.31	THRIFT GREEN TROTTER 63.30	257.98
	Great Bentley Half Maratho 67.41	FELSTED 10k 10 k 58.96	
DARREN EMMETT M	Springfield Striders 5 5 Mile 65.97	HAVERING 90 JOGGERS 5 63.88	257.47
	Leigh 10k 10 k 65.94	Great Bentley Half Maratho 61.69	
JO BURTONSHAW F	Braintree 5 5 Mile 86.54	Great Bentley Half Maratho 78.86	247.95
	HAVERING 90 JOGGERS 5 82.55		
NICK RANKIN M	Braintree 5 5 Mile 83.51	Tiptree 10 10 Mile 80.38	244.96
	Great Bentley Half Maratho 81.08		
MATT COPPS M	Braintree 5 5 Mile 82.08	Southend 10k 10 k 80.75	244.78
	Ingatestone 5 5 Mile 81.95		
TERRY SPOONER M	Southend 10k 10 k 84.14	Southend Half Marathon 1/2 75.41	242.94
	Ingatestone 5 5 Mile 83.39		
PETER STALLEY M	Southend 10k 10 k 80.61	Leigh 10k 10 k 76.17	234.08
	Ingatestone 5 5 Mile 77.30		
PAUL RUFFY M	Southend 10k 10 k 79.67	Southend Half Marathon 1/2 75.61	232.30
	Ingatestone 5 5 Mile 77.03		
MICHAEL JORDAN M	Ingatestone 5 5 Mile 60.87	Southend 10k 10 k 58.00	231.65
	Paddock Wood Half Marath 59.11	Great Bentley Half Maratho 53.67	

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DAWN WILKINSON F	Southend 10k 10 k 60.07	Serpentine LFOM 5 k 58.62	228.64
	FELSTED 10k 10 k 58.93	Great Bentley Half Maratho 51.01	
RHIANNON QUINN F	Baddow 10 10 Mile 79.22	Great Bentley Half Maratho 68.95	220.85
	Paddock Wood Half Marath 72.68		
MICHAEL CERNY M	Southend 10k 10 k 73.51	Canvey 10k 10 k 71.84	218.26
	Ingatestone 5 5 Mile 72.91		
JACQUELINE MCLEOD F	Leigh 10k 10 k 76.45	Southend Half Marathon 1/2 67.15	217.82
	HORNDON 10K 10 k 74.22		
ALISON HORSLEY F	Leigh 10k 10 k 73.65	Paddock Wood Half Marath 68.35	215.13
	Southend 10k 10 k 73.13		
SARAH DE CRISTOFAN F	Ingatestone 5 5 Mile 74.82	Great Bentley Half Maratho 65.61	214.82
	Southend 10k 10 k 74.39		
ADAM MATTHEWS M	Roding Valley Half Maratho 70.35	Southend 10k 10 k 70.03	210.66
	Great Bentley Half Maratho 70.28		
GRAEME EDWARDS M	Baddow 10 10 Mile 69.34	Brentwood Half Marathon 1/ 66.44	203.70
	Great Bentley Half Maratho 67.92		
DENISE DUDLEY M	HORNDON 10K 10 k 71.48	Great Bentley Half Maratho 62.21	203.23
	Baddow 10 10 Mile 69.54		
BARRY KEY M	Canvey 10k 10 k 70.43	Southend Half Marathon 1/2 63.20	201.25
	Southend 10k 10 k 67.61		
ANTHONY HATTAM M	Brentwood Half Marathon 1/ 66.74	HORNDON 10K 10 k 66.27	199.54
	Great Bentley Half Maratho 66.53		
CATHERINE STUNT F	Mersea 5 mile 5 Mile 100.00		193.50
	Southend 10k 10 k 93.50		
GRAEME MOORE M	Roding Valley Half Maratho 64.57	Baddow 10 10 Mile 63.39	191.93
	Great Bentley Half Maratho 63.98		
JOANNE GRALEY F	Southend 10k 10 k 66.29	Great Bentley Half Maratho 61.46	190.75
	Serpentine LFOM 5 k 63.01		

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GORDAN GREENHALGH M	Canvey 10k 10 k 65.51	Brentwood Half Marathon 1/ 61.25	190.20
	Southend 10k 10 k 63.45		
JACQUI WATSON F	Southend 10k 10 k 90.49		175.85
	GREAT BENTLEY FRIDAY 85.36		
GRAHAM BOOTY M	THRIFT GREEN TROTTER 88.16		173.89
	Tiptree 10 10 Mile 85.73		
RICKY GILLMORE M	Roding Valley Half Maratho 65.44	Brentwood Half Marathon 1/ 47.57	172.48
	Leigh 10k 10 k 59.47		
VANESSA DODDS F	Southend 10k 10 k 88.30		170.47
	Mersea 10 mile 10 Mile 82.17		
ANNE HOWE F	Canvey 10k 10 k 91.78		169.73
	Leigh 10k 10 k 77.95		
PAUL TODD M	Roding Valley Half Maratho 83.78		165.25
	Paddock Wood Half Marath 81.47		
KEIRON MCGILL M	Leigh 10k 10 k 84.40		165.24
	Paddock Wood Half Marath 80.85		
MIKE WHITTAKER M	Ingatestone 5 5 Mile 79.40		158.40
	Southend 10k 10 k 79.00		
NICKY TRIGGS F	Brentwood Half Marathon 1/ 79.93		158.32
	Southend 10k 10 k 78.39		
SUSANNE BARTON F	Southend 10k 10 k 81.34		156.44
	Great Bentley Half Maratho 75.10		
CHRIS WILLIAMS M	Southend 10k 10 k 55.84	Great North Run 1/2 Marath 47.56	156.31
	Southend Half Marathon 1/2 52.91		
DAVID HURLEY M	Springfield Striders 5 5 Mile 79.63		153.96
	Baddow 10 10 Mile 74.33		
HANNAH HAYNES-WILD F	Leigh 10k 10 k 77.85		150.39
	Ingatestone 5 5 Mile 72.54		

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JAN HAMILL F	Canvey 10k 10 k 70.31	128.26
	Southend 10k 10 k 57.95	
LINDSAY NELSON F	Southend 10k 10 k 63.94	127.64
	Baddow 10 10 Mile 63.70	
STEVE LING M	Canvey 10k 10 k 64.01	126.63
	Southend 10k 10 k 62.61	
ROBERT JOHNSON M	Leigh 10k 10 k 63.44	126.51
	Roding Valley Half Maratho 63.07	
ROB SLOWE M	Great Bentley Half Maratho 63.73	125.25
	Brentwood Half Marathon 1/ 61.53	
LORRI GIBSON F	Baddow 10 10 Mile 63.12	123.60
	Great Bentley Half Maratho 60.49	
KIM GOVENDER F	Ingatestone 5 5 Mile 65.30	123.08
	THRIFT GREEN TROTTER 57.79	
STEWART MORLEY M	Great Bentley Half Maratho 62.05	122.35
	Canvey 10k 10 k 60.29	
TREVOR MICKLEBURG M	Leigh 10k 10 k 62.92	121.49
	Southend 10k 10 k 58.57	
GARY JOHNSON M	Witham 5 5 Mile 61.50	118.51
	Southend 10k 10 k 57.01	
CYNTHIA THOMAS F	FELSTED 10k 10 k 58.99	116.59
	Serpentine LFOM 5 k 57.60	
PHILIP RUTTER M	Ingatestone 5 5 Mile 58.27	110.34
	Great Bentley Half Maratho 52.08	
GREG LLOYD M	Great Bentley Half Maratho 61.55	109.82
	Great North Run 1/2 Marath 48.27	
WAYNE STEGGLES M	Southend Half Marathon 1/2 54.81	106.75
	Canvey 10k 10 k 51.94	

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BRIAN LUNT M	THRIFT GREEN TROTTER 54.35 Southend 10k 10 k 50.37	104.72
BILL DONOVAN M	THRIFT GREEN TROTTER 51.82 HORNDON 10K 10 k 51.39	103.20
ANDREW HOWE M	Canvey 5k 5 k 54.76 Southend 10k 10 k 46.98	101.74
DEREK WEEKES M	Paddock Wood Half Marath 51.05 Southend 10k 10 k 48.78	99.84
DANIEL REMFRY M	Southend Half Marathon 1/2 49.55 Southend 10k 10 k 49.35	98.90
ANTHONY PHILLIPS M	Hastings Half Marathon 1/2 51.96 Great North Run 1/2 Marath 42.87	94.83
CHARMAINE WHEELER F	HAVERING 90 JOGGERS 5 91.28	91.28
STEVE DESBOROUGH M	Springfield Striders 5 5 Mile 89.83	89.83
EMILY CONDON F	Canvey 5k 5 k 89.53	89.53
STEFFAN COHEN M	Leigh 10k 10 k 88.07	88.07
LUCY MANCER F	Great Bentley Half Maratho 86.87	86.87
CHLOE LING F	Canvey 5k 5 k 85.71	85.71
JOE ELLIOTT M	Southend Half Marathon 1/2 82.69	82.69
CLAIRE HIBBINS F	Southend 10k 10 k 77.42	77.42

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TONY TOBIN M	Southend Half Marathon 1/2 75.87	75.87
GARY PITMAN M	Leigh 10k 10 k 75.18	75.18
ADAM CHAPMAN M	Great Bentley Half Maratho 73.91	73.91
GRAHAM CROCKETT M	Great Bentley Half Maratho 73.60	73.60
STEPHEN MELLUISH M	Southend Half Marathon 1/2 71.66	71.66
CHRISTIAN HORWOOD M	Brentwood Half Marathon 1/ 71.27	71.27
ANDY HIBBINS M	Standard Chartered Great C 70.14	70.14
MARK THIRKETTLE M	Brentwood Half Marathon 1/ 68.74	68.74
CHRIS JONES M	Southend 10k 10 k 68.24	68.24
DEBBIE EYRE F	Southend Half Marathon 1/2 67.58	67.58
JOE EMEAGI M	Baddow 10 10 Mile 67.48	67.48
TARNIA THOMPSON - R F	Springfield Striders 5 5 Mile 67.15	67.15
SARAH SMITH F	Leigh 10k 10 k 66.10	66.10
LYNDA CRISP F	Ingatstone 5 5 Mile 65.92	65.92

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HAYLEY GOSS F	Southend Half Marathon 1/2 65.37	65.37
TERRY TURNER M	Southend Half Marathon 1/2 64.80	64.80
STEVEN SAYER M	Southend Half Marathon 1/2 64.67	64.67
NIAMH NEVILLE L	Canvey 5k 5 k 62.37	62.37
SCOTT WHEELER M	HORNDON 10K 10 k 61.81	61.81
RIEKERT VAN WYK M	Southend Half Marathon 1/2 61.38	61.38
SUE WARD F	Serpentine New Years Day 59.44	59.44
TERRY ALLEN M	Colchester Half 1/2 Maratho 58.60	58.60
GARY JONES M	Great North Run 1/2 Marath 58.54	58.54
JANET HAMILL F	Serpentine LFOM 5 k 57.79	57.79
SUSAN BUCKHORN F	Great Bentley Half Maratho 56.71	56.71
RORY STONE M	Brentwood Half Marathon 1/ 55.90	55.90
KAREN BERRY F	Tiptree 10 10 Mile 55.62	55.62
SAMANTHA CHALLIS F	Southend 10k 10 k 54.35	54.35

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BOB MACMILLIAN M	Southend Half Marathon 1/2 51.73	51.73
SHANE COLLIER M	Southend Half Marathon 1/2 51.29	51.29
ROBERT MACMILLAN M	Brentwood Half Marathon 1/ 51.05	51.05
RAY MCQUEEN M	Southend 10k 10 k 50.37	50.37
ROY GUIT M	Great North Run 1/2 Marath 50.18	50.18
GARY HAMILL M	Southend 10k 10 k 47.29	47.29
KIRSTE SNELMGROVE F	Paddock Wood Half Marath 46.72	46.72
CHRIS GAITELY M	Great North Run 1/2 Marath 46.53	46.53