

BENFLEET 3K Junior Race & 1 mile Fun Run

22 January 2012 from 9.00a.m

Thank you for entering our 2012 Junior Races - your race numbers are enclosed.

Hadleigh Country Park, Chapel Lane, Hadleigh, Essex, SS7 2PP

(parking fees may apply)

BENFLEET RC WILL NOT BE RESPONSIBLE FOR ANY FINES OR PENALTY TICKETS INCURRED.

All children under 17 are welcome. Entry on the day up to 8.45am.

We ask that children under 8 are accompanied by parents/carers on the entire course.



9.00am start – 3K run £ 3.00 (£4 on the day) medal to all finishers.

Winner, 2nd and 3rd trophies for U17, U15 and U11 Girls, and Boys.

9.15am start – 1 mile Fun Run £ 3.00 (£4 on the day) medal to all finishers.

Race timings are approximate, please arrive in sufficient time.

Medals & Trophies will be given out in the finish area.

Please be advised the route is a challenging, multi-terrain, undulating course.



The Junior Section of
BENFLEET RUNNING CLUB

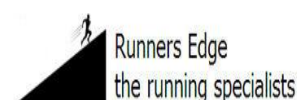
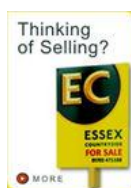


For up to date information, please visit our website.

www.benfleetrunningclub.com/benfleet15

DIRECTIONS TO NEW VENUE

FROM LONDON M25 -FOLLOW A13(LONDON ROAD).PAST BASILDON,ACROSS SADLERS FARM TOWARDS HADLEIGH - TOWARDS SOUTHEND.PAST BUS STATION AT VIC HOUSE CORNER,HADLEIGH.GO AROUND ONE WAY SYSTEM AT HADLEIGH AND HEAD BACK TOWARDS THUNDERSLEY. CHAPEL LANE IS ON LEFT AFTER TRAFFIC LIGHTS WITH NEW ROAD. FROM LONDON A127-TURN OFF AT A130 SIGNPOSTED TOWARDS CANVEY.TAKE 1ST LEFT AT SADDLERS FARM AND FOLLOW IN AS ABOVE. VENUE WILL BE SIGNPOSTED BY BENFLEET RC TO GUIDE YOU IN.



By participating in this race you declare that you are medically fit to run and understand that the race organisers, sponsors or anyone assisting shall not be held responsible for any injury or loss caused by my participation or for any damage caused by me to other person's property.