

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles



race posn	time				race number	race posn
1	1:31:27	BLOOMFIELD, Crispian	Billericay Striders	Male	1	1
2	1:34:48	MANCER, Jez	Benfleet Rc	Male	209	2
3	1:35:18	BENT, Daniel	Serpentine Running Club	Male	492	3
4	1:35:42	PETTIT, Stephen	Ely Runners	Male Vets	103	4
5	1:37:00	ATKINSON, James	Southend AC	Male	510	5
6	1:37:29	BOOTY, Graham	Benfleet Rc	Male	4	6
7	1:39:12	ALLEN, Gavin	Halstead Road Runners	Male	166	7
8	1:39:48	MEAD, Tony	Benfleet Rc	Male Vets	96	8
9	1:39:55	MACMILLEN, Alexander	Colchester Harriers	Male Vets	339	9
10	1:40:39	GOSLING, Ian	Reading Roadrunners	Male	491	10
11	1:41:49	BROUGHTON, Alan	Harlow RC	Male Vets	335	11
12	1:41:59	WITHECOMBE, Will	Beckenham RC	Male	114	12
13	1:41:59	PHILCOX, Stephen	Barking Road Runners	Male Vets	177	13
14	1:42:02	HAYES, Richard	Unattached	Male	479	14
15	1:44:17	CLARKE, Allan	Horsham Joggers	Male	242	15
16	1:44:33	WOTTON, Kevin	Barking Road Runners	Male Vets	332	16
17	1:44:35	SQUIRE, Anthony	Billericay Striders	Male	201	17
18	1:44:52	CLARK, Alan	Billericay Striders	Male Vets	126	18
19	1:45:16	WILKENS, Nolan	Beckenham RC	Male	111	19
20	1:45:52	BUSCHINO, Olivier	Poisry Tri-Club	Male	882	20
21	1:45:56	JACOB, Kevin	Billericay Striders	Male Vets	389	21
22	1:46:01	HASKEY-JONES, James	Tiptree Road Runners	Male Vets	321	22
23	1:46:37	FULLER, Richard	East Essex Tri-Club	Male Vets	308	23
24	1:46:56	JOYCE, Phil	Unattached	Male Vets	300	24
25	1:47:05	COATES, Nigel	Saffron Striders	Male Vets	64	25
26	1:47:38	MORGAN, Simon	Tiptree Road Runners	Male Vets	63	26
27	1:47:40	HOUGHTON, Andrew	Unattached	Male Vets 50	367	27
28	1:47:42	WHITE, Steve	Saffron Striders	Male Vets	309	28
29	1:47:51	WATSON, Stuart	Benfleet RC	Male	502	29
30	1:47:54	THURGOOD, Clare	Orion Harriers	Ladies	270	30
31	1:48:11	HINNS, Kevin	Thrift Green Trotters	Male Vets	386	31
32	1:48:12	ONEILL, Ian	Thrift Green Trotters	Male Vets	519	32
33	1:48:13	ETCHES, Adam	Ely Runners	Male	223	33
34	1:48:37	MACKENZIE, Steve	Harlow RC	Male Vets	513	34
35	1:49:08	WOOD, David	Littel Baddow Ridge Runners	Male Vets	306	35
36	1:49:10	MOSS, David	Nimrod	Male	192	36
37	1:49:13	STEVEN, Roy	Harlow RC	Male Vets 50	359	37
38	1:49:29	CHAPMAN, Adam	Benfleet RC	Male	885	38
39	1:49:33	WARD, Paul	Unattached	Male	89	39
40	1:49:52	MARY, Tony	Orion Harriers	Male Vets	317	40
41	1:50:07	COLEMAN, Andy	Billericay Striders	Male Vets	751	41
42	1:50:13	MANCER, Lucy	Benfleet Rc	Ladies	253	42
43	1:50:21	DAWSON, Gail	Benfleet Rc	Ladies Vets 35-44	285	43
44	1:50:29	HORRITT, Ian	East London Runners	Male	17	44
45	1:51:31	ANDERSON, Paul	Springfield Striders	Male	67	45
46	1:51:38	FANCETT, Ken	Beckenham RC	Male Vets 50	115	46
47	1:52:14	MILES, Lloyd	Unattached	Male Vets	874	47
48	1:52:21	CARTLEDGE, Matthew	Unattached	Male	26	48
49	1:52:25	BENTLEY, Roy	Dagenham88	Male	224	49
50	1:52:27	MARNOCH, Adam	Unattached	Male	490	50
51	1:52:29	JOHNSON, Dean	Loss / Team Viper	Male	34	51
52	1:52:30	CRISPIN, Jason	Newham & Essex Beagles	Male	485	52
53	1:52:36	SHEILS, Liam	Bishops Stortford RC	Male	244	53

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles



54	1:53:02	WATSON, Jacqui	Benfleet Rc	Ladies Vets 35-44	611	54
55	1:53:10	BARNES, Andrew	Unattached	Male	27	55
56	1:53:10	CHAPMAN, Graham	Ely Runners	Male Vets 50	369	56
57	1:53:21	BONHAM, Richard	Castle Point Joggers	Male Vets	312	57
58	1:53:26	DYER, Peter	East London Tri	Male	397	58
59	1:53:32	PEARCE, Chris	Springfield Striders	Male	226	59
60	1:53:50	FANCETT, Graeme	Beckenham RC	Male	113	60
61	1:54:02	GUM, David	Unattached	Male	186	61
62	1:54:03	BURROUGHS, Billie	Unattached	Male	508	62
63	1:54:09	FAWGHANAN, Mark	Herts Phoenix	Male Vets	520	63
64	1:54:18	BRIGGS, Michael	Unattached	Male	238	64
65	1:54:29	PERRY, Tom	Unattached	Male	493	65
66	1:54:29	ALEXANDROU, Tracey	Springfield Striders	Ladies Vets 35-44	55	66
67	1:54:34	BARNES, Ellie	Reading Roadrunners	Ladies	423	67
68	1:54:36	WATSON, Peter	Benfleet Rc	Male	185	68
69	1:54:53	KING, Ian	Orpington Road Runners	Male Vets	44	69
70	1:54:57	COX, Kevin	Great Bentley RC	Male Vets	310	70
71	1:55:05	HOLDER, Julian	Pitsea RC	Male Vets	99	71
72	1:55:09	WILSON, Michael	East London Runners	Male Vets	316	72
73	1:55:22	JONES, Colin	Barking Road Runners	Male Vets	525	73
74	1:55:33	NORTHCOTT, Stephen	Plumstead Runners	Male Vets	396	74
75	1:55:41	CHORLEY, Chris	Bungay Black Dog	Male Vets	127	75
76	1:55:45	DODDS, Vanessa	Benfleet Rc	Ladies Vets 35-44	606	76
77	1:56:08	STUART, Dan	East Essex Tri-Club	Male	241	77
78	1:56:14	THORNBY, David	Maidstone Harriers	Male Vets 50	364	78
79	1:56:23	MILNE, Chris	East Essex Tri-Club	Male Vets 50	138	79
80	1:56:26	HUTSON, Andrew	Unattached	Male	137	80
81	1:56:29	BROWN, Bradley	Barking Road Runners	Male	484	81
82	1:56:40	COLLINGS, Louise	Horsham Joggers	Ladies	266	82
83	1:56:41	MANSFIELD, Dave	Thrift Green Trotters	Male Vets	523	83
84	1:56:43	CIENTANNI, Mario	Gravesend Road Runners	Male Vets	514	84
85	1:56:45	MANN, Stuart	Herts Phoenix	Male Vets 60	689	85
86	1:56:48	MATTSON, Tony	Unattached	Male	29	86
87	1:56:54	CARTER, John	Colchester Harriers	Male Vets 50	353	87
88	1:57:01	NEVILLE, Louise	Chelmsford	Ladies	267	88
89	1:57:03	MELLUIISH, Stephen	Unattached	Male	217	89
90	1:57:07	GREALY, Mike	Halstead Road Runners	Male Vets 50	676	90
91	1:57:25	TYSON, David	Loughton AC	Male	499	91
92	1:57:40	THOMPSON, David	Billericay Striders	Male Vets	524	92
93	1:57:48	HARRISON, Laurence	Billericay Striders	Male	240	93
94	1:57:56	BERLEEN, Abdi-Karim	Ilford AC	Male Vets	325	94
95	1:58:00	READ, Mark	Thrift Green Trotters	Male	268	95
96	1:58:00	MARSHALL, James	Thrift Green Trotters	Male	246	96
97	1:58:04	MEDCRAFT, Jon	Victoria Park Harriers & THAC	Male	470	97
98	1:58:23	UNKNOWN RUNNER,	Unknown	Male	876	98
99	1:58:30	RYAN, Christopher	Thrift Green Trotters	Male	232	99
100	1:58:40	MOORE, David	Maidstone Harriers	Male	482	100
101	1:58:43	PEACEY, Rob	Benfleet RC	Male Vets 50	674	101
102	1:58:44	HALL, Alex	Cambridge Harriers	Male Vets 50	337	102
103	1:58:46	SPILLER, Ben	Unattached	Male	231	103
104	1:58:48	POTTER, Ben	Springfield Striders	Male	509	104
105	1:58:50	WARD, Daniel	Tri-Sport Epping	Male Vets	872	105
106	1:58:56	ELLETT, Ryan	KPMG RC	Male	39	106
107	1:59:08	ETCHES, Natelie	Ely Runners	Ladies	260	107

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles



108	1:59:13	HALLAM, David	Havering 90 Joggers	Male Vets	338	108
109	1:59:58	THACKER, Rob	Halstead Road Runners	Male	494	109
110	2:00:17	MARSH, Patrick	Colchester Harriers	Male Vets	184	110
111	2:01:00	PAGE, Martin	Barking Road Runners	Male Vets 50	355	111
112	2:01:35	CRAIG, Kevin	Thrift Green Trotters	Male	505	112
113	2:01:43	DI MEO, Alfredo	Victoria Park Harriers & THAC	Male	250	113
114	2:01:57	CLARKE, Phil	Tiptree Road Runners	Male	195	114
115	2:02:15	BARRETT, Peter	Thrift Green Trotters	Male	506	115
116	2:02:17	TITE, Julian	Unattached	Male	92	116
117	2:02:27	HARTSHORNE, Damien	Tiptree Road Runners	Male	501	117
118	2:02:53	FRYER, Jack	Colchester Harriers	Male Vets 50	678	118
119	2:03:21	GARRARD, Sharon	Benfleet RC	Ladies Vets 35-44	621	119
120	2:03:25	BOWNES, Kevin	Tiptree Road Runners	Male Vets	173	120
121	2:03:32	SANGHERA, Jas	Unattached	Male Vets	45	121
122	2:03:40	WILLIAMS, Terrie	Road Runners Club	Ladies Vets 35-44	279	122
123	2:03:42	FOY, Darren	Tiptree Road Runners	Male	486	123
124	2:03:44	MCLAUGHLIN, Ian	Witham RC	Male	498	124
125	2:03:45	TAYLOR, Stuart	Unattached	Male	215	125
126	2:03:55	MARTIN, Anthony	Serpentine Running Club	Male	500	126
127	2:03:55	MOORE, Phillip	Deptford Green Runners	Male	213	127
128	2:04:07	SUMMERS, Dave	Thrift Green Trotters	Male Vets 50	104	128
129	2:04:13	SADLER, Steve	Unattached	Male Vets	31	129
130	2:04:15	PERRY, Wayne	Unattached	Male Vets	517	130
131	2:04:28	HUGGINS, Chris	Pitsea RC	Male Vets	331	131
132	2:04:29	LATTER, Darren	Unattached	Male Vets	303	132
133	2:04:34	SINCLAIR, Donald	Pitsea RC	Male Vets 50	368	133
134	2:04:40	CLAYDON, Paul	City of London Police	Male Vets	307	134
135	2:04:47	SLACK, Debbie	Benfleet RC	Ladies Vets 35-44	619	135
136	2:04:55	WILSON, Bruce	Unattached	Male	151	136
137	2:04:57	USHER, Martin	Unattached	Male Vets	319	137
138	2:05:03	RIDLEY, Andrew	East Essex Tri-Club	Male	471	138
139	2:05:19	BENT, Natalie	Pitsea RC	Ladies	424	139
140	2:05:42	PAYNE, Stuart	Southend AC	Male Vets	522	140
141	2:05:43	RAPLEY, Myles	East Essex Tri-Club	Male Vets	884	141
142	2:05:51	DUDLEY, Denise	Castle Point Joggers	Ladies Vets 35-44	616	142
143	2:06:02	AMBROSE, Mark	Barking Road Runners	Male Vets	168	143
144	2:06:03	BRADBROOK, Paul	Unattached	Male	41	144
145	2:06:06	KLINGENSPOR, Martin	Unattached	Male Vets	329	145
146	2:06:15	MILLS, Kate	Springfield Striders	Ladies Vets 35-44	326	146
147	2:06:32	BRADLEY, Stuart	Unattached	Male	42	147
148	2:06:35	AYRES, Max	Unattached	Male	171	148
149	2:06:38	MCCONNON, Robert	Unattached	Male	496	149
150	2:06:44	BRESLIN, Francis	Unattached	Male	497	150
151	2:06:55	DAVIES, Mark	Unattached	Male	91	151
152	2:06:56	HUNT, Steve	Hadleigh Hares	Male Vets	668	152
153	2:06:57	STOBIRSKI, Ian	Witham RC	Male	84	153
154	2:07:04	LILES, Ben	Unattached	Male	198	154
155	2:07:05	COOMBER, Darren	Unattached	Male	197	155
156	2:07:12	THOMSON, Andrew	Havering 90 Joggers	Male	118	156
157	2:07:15	KING, Dave	Blackheath & Bromley Harriers AC	Male Vets 50	345	157
158	2:07:23	STUCHBERY, Matthew	Unattached	Male	218	158
159	2:07:28	BARTRAM, Ian	Castle Point Joggers	Male Vets	328	159
160	2:07:29	SARAH, Graham	Unattached	Male	474	160
161	2:07:30	WHALLEY, Phillip	Mid-Essex Casuals	Male	883	161

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles



162	2:07:34	MAPLEDEN, Anthony	Unattached	Male	229	162
163	2:07:35	WALKER, Keith	Billericay Striders	Male Vets 60	408	163
164	2:07:36	SERGEY, Zelenov	Beckenham RC	Male	141	164
165	2:07:39	WHITEHEAD, Nigel	Billericay Striders	Male Vets	311	165
166	2:08:09	WISE, Daniel	Unattached	Male Vets	58	166
167	2:08:16	WHITE, Anthony	Benfleet RC	Male	473	167
168	2:08:41	JOLLY, Steve	Unattached	Male Vets	323	168
169	2:08:49	AVENT, Martin	Tiptree Road Runners	Male Vets	390	169
170	2:09:06	CHAPPELL, Ian	Pitsea RC	Male Vets	36	170
171	2:09:11	RODGERS, Ian	Bishops Stortford RC	Male Vets	163	171
172	2:09:17	BISHOP, Sophie	Beckenham RC	Ladies Vets 35-44	112	172
173	2:09:33	KISLY, John	Unattached	Male Vets	35	173
174	2:09:35	HOWELL, David	Billericay Striders	Male	190	174
175	2:09:37	TIPPETT, Simon	East Essex Tri-Club	Male	225	175
176	2:09:42	STEWART, Claire	Dulwich Runners	Ladies Vets 55	373	176
177	2:09:47	WALLEN, Brigio	Witham RC	Ladies 45-54	123	177
178	2:10:05	HAYWARD, Mike	Castle Point Joggers	Male Vets	30	178
179	2:10:22	GILLARD, Matthew	Southend AC	Male Vets	340	179
180	2:10:29	HARRIS, Chris	Billericay Striders	Male	205	180
181	2:10:30	WARRIOR, Peter	Billericay Striders	Male Vets	324	181
182	2:10:32	BOX, Ashley	Crowborough Runners	Male	881	182
183	2:10:34	TIGHE, John	Crowborough Runners	Male Vets	327	183
184	2:10:39	HANCOCK, Ben	Unattached	Male	249	184
185	2:10:42	ADAMS, William	Dagenham 88	Male Vets 50	366	185
186	2:10:52	SLATER, James	Tiptree RR	Male Vets 60	687	186
187	2:10:53	GUIVER, William	Unattached	Male	489	187
188	2:11:13	O'SULLIVAN, Gerard	Unattached	Male	483	188
189	2:11:20	ANDREWS, Lee	Unattached	Male Vets	320	189
190	2:11:32	EAMES, Mick	Thrift Green Trotters	Male Vets	336	190
191	2:11:33	HARTWELL, Jimmy	East London Runners	Male Vets	877	191
192	2:11:37	BELL, Chris	Ford Fitness	Male	219	192
193	2:11:41	WICKS, Kay	Orpington Road Runners	Ladies 45-54	292	193
194	2:11:46	HARRINGTON, Tracy	Blackwater Harriers	Ladies Vets 35-44	271	194
195	2:11:50	EDGINGTON, Stephen	Ford Fitness	Male Vets	302	195
196	2:12:10	KNIGHT, Anthony	Thrift Green Trotters	Male	216	196
197	2:12:17	PETERS, Derren	Unattached	Male	477	197
198	2:12:43	BROWNLIE, Frank	East London Runners	Male Vets 50	344	198
199	2:12:43	ANDERSON, Anthony	Billericay Striders	Male	478	199
200	2:12:44	GILBERT, David	Ford Fitness	Male	228	200
201	2:12:52	BROCKBANK, Nikki	Springfield Striders	Ladies	128	201
202	2:12:54	PARKER, William	Unattached	Male Vets	13	202
203	2:13:03	HUTSON, Benjamin	Unattached	Male	136	203
204	2:13:07	WILLIAMS, Neil	Unattached	Male Vets	330	204
205	2:13:09	MACKAY LEAR, Greg	Met Police	Male	476	205
206	2:13:11	ARMSTRONG, Robert	Barking Road Runners	Male Vets 50	24	206
207	2:13:14	TESTER, Andrew	Unattached	Male Vets	134	207
208	2:13:41	AYLOTT, Wayne	Herts Phoenix	Male Vets	157	208
209	2:13:44	MARSH, Duncan	Thame Road Runners	Male	239	209
210	2:13:56	HOAREAU, Juliette	Plumstead Runners	Ladies	426	210
211	2:14:01	POTTER, Alan	Dagenham 88	Male Vets	870	211
212	2:14:02	HURRELL, Rachel	Unattached	Ladies	428	212
213	2:14:14	FRIBBENS, Mark	Braintree AC	Male Vets	182	213
214	2:14:20	AVES, Susan	Unattached	Ladies 45-54	286	214
215	2:14:21	DAVIES, Bryn	Unattached	Male	188	215

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles



216	2:14:23	QUILTER, Stuart	Unattached	Male	472	216
217	2:14:24	DAVIES, Ray	Unattached	Male Vets 60	371	217
218	2:14:37	SAUERZAPF, Bobbie	Bungay Black Dog	Ladies 45-54	129	218
219	2:14:53	SHEWELL, Sarah	Sevenoaks	Ladies 45-54	297	219
220	2:14:54	SCOTT, Ian	Sevenoaks	Male Vets 60	598	220
221	2:14:55	SLAUGHTER, John	East End Road Runners	Male	488	221
222	2:14:57	SCOTT, David	Thrift Green Trotters	Male Vets	53	222
223	2:15:36	HOAD, Ian	Maidstone Harriers	Male Vets	667	223
224	2:15:43	WATERS, Ellen	Barking Road Runners	Ladies	264	224
225	2:15:47	SHEA, Tim	Pitsea RC	Male Vets	518	225
226	2:16:16	WILSON, Simon	Unattached	Male	495	226
227	2:16:24	PEALING, Ian	Unattached	Male Vets	97	227
228	2:16:32	BARRETT, Phil	Pitsea RC	Male Vets	521	228
229	2:16:38	CARRICK, Ian	Unattached	Male	142	229
230	2:16:41	WHALLEY, Terry	Mid-Essex Casuals	Male Vets 50	679	230
231	2:16:49	DAY, Nina	Thrift Green Trotters	Ladies	429	231
232	2:16:56	TUCKER, Gareth	Barking Road Runners	Male	83	232
233	2:17:00	GAME, David	Mid-Essex Casuals	Male Vets 50	102	233
234	2:17:05	OLIVER, Russell	Unattached	Male Vets	140	234
235	2:17:09	GARDNER, Andrew	Unattached	Male	189	235
236	2:17:12	KEEBLE, Mark	Leigh Striders	Male	222	236
237	2:17:20	BOYCE, James	Unattached	Male	248	237
238	2:17:35	DESOUZA,	Unattached	Male Vets	516	238
239	2:17:38	PASSINGHAM, Keith	Pitsea RC	Male Vets 50	16	239
240	2:18:02	BEECH, Steve	Pitsea RC	Male Vets 50	343	240
241	2:18:19	MORGAN, Di	Dulwich Runners	Ladies 45-54	131	241
242	2:18:26	DEANS, Mark	Unattached	Male	245	242
243	2:18:47	CAMMIDGE, Chris	Castle Point Joggers	Male Vets	116	243
244	2:19:00	MORDI, Ebolum	Victoria Park Harriers & THAC	Male	170	244
245	2:19:02	GEAR, Bob	Springfield Striders	Male Vets	322	245
246	2:19:07	CHARLTON, Alan	Sittingbourne Striders	Male Vets	313	246
247	2:19:08	HOWELLS, Gareth	Unattached	Male	230	247
248	2:19:08	COOK, Siobhan	Unattached	Ladies	262	248
249	2:19:13	HEMMINGS, Mark	Havering 90 Joggers	Male	194	249
250	2:19:14	DICKENS, John	Unattached	Male Vets	515	250
251	2:19:14	FINERTY, Bernard	Crystal Palace Tri	Male Vets	871	251
252	2:19:28	ALLEN, Darren	Hadleigh Hares	Male Vets	869	252
253	2:19:29	AIRLIE, Brian	Hadleigh Hares	Male Vets	161	253
254	2:19:30	HOWARD, Geraldine	Billericay Striders	Ladies Vets 35-44	281	254
255	2:19:38	PYE, Geoff	Unattached	Male Vets 50	370	255
256	2:19:42	PETTIFER, John	Pitsea RC	Male Vets 60	407	256
257	2:19:43	HUNTER, Bruce	Muddy Mucky Monkeys	Male	234	257
258	2:19:53	EASTBURY, Justine	Blackheath & Bromley	Ladies Vets 35-44	615	258
259	2:20:12	BURTONSHAW, Jo	Benfleet Rc	Ladies Vets 35-44	610	259
260	2:20:27	TIMBRELL, Jodie	Thrift Green Trotters	Ladies	254	260
261	2:20:49	GARDNER, Mark	Unattached	Male	469	261
262	2:21:01	WHITE, Geoff	Unattached	Male Vets	178	262
263	2:21:15	MEDLEY, Ray	Bexley AC	Male Vets 50	69	263
264	2:21:22	COOK, Glenn	Sittingbourne Striders	Male	235	264
265	2:21:23	SCALES, Robin	Ford Fitness	Male Vets	135	265
266	2:21:39	BAKER, John	Bishops Stortford RC	Male Vets 50	350	266
267	2:22:08	MCDONNELL, Chris	Havering 90 Joggers	Male Vets 60	181	267
268	2:22:12	KNIGHT, Dave	East London Runners	Male Vets 50	358	268
269	2:22:23	BURROWS, Janet	East Essex Tri-Club	Ladies Vets 35-44	622	269

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles



270	2:22:30	BELL, Linda	KPMG RC	Ladies	38	270
271	2:22:32	JONES, Steve	Unattached	Male Vets 50	675	271
272	2:22:34	ATKINSON, John	East London Runners	Male Vets 60	691	272
273	2:22:40	FOXON, Joe	Unattached	Male	147	273
274	2:23:01	PETTIFER, Lorna	Pitsea RC	Ladies Vets 35-44	283	274
275	2:23:01	FARMER, Aaron	Unattached	Male	125	275
276	2:23:07	PEGRAM, Steve	Unattached	Male Vets	391	276
277	2:23:16	GILLMORE, Ricky	Benfleet Rc	Male Vets	68	277
278	2:23:17	JOHNSON, Robert	Benfleet RC	Male Vets	873	278
279	2:23:20	BENCH, Ken	Thrift Green Trotters	Male Vets 60	596	279
280	2:23:26	BRAZIER, Ian	Springfield Striders	Male	82	280
281	2:23:33	MORRISEY, Danny	Thrift Green Trotters	Male	211	281
282	2:23:39	MOWLE, Christine	East Essex Tri-Club	Ladies Vets 35-44	21	282
283	2:23:40	CHENERY, Anna	Unattached	Ladies	269	283
284	2:23:43	SLOWLY, Dan	Unattached	Male	887	284
285	2:23:47	CROWE, Katie	Serpentine Running Club	Ladies	152	285
286	2:23:50	WILLIS, Robert	Barking Road Runners	Male Vets 50	363	286
287	2:23:50	MARTEN SOUSA, Jorge	Unattached	Male	481	287
288	2:24:21	RILEY, Simon	Unattached	Male	480	288
289	2:24:22	CLARKE, Andy	Thrift Green Trotters	Male Vets	387	289
290	2:24:33	BATHHEJA, Maya	Cambridge Harriers	Ladies Vets 35-44	634	290
291	2:25:19	FRASER, Matthew	Maidstone Harriers	Male Vets	394	291
292	2:25:26	BARBER, Mark	Unattached	Male Vets	878	292
293	2:25:39	MACCAULAY, Sheila	Springfield Striders	Ladies Vets 55	372	293
294	2:25:44	BURGESS, Andrew	Maidstone Harriers	Male Vets	60	294
295	2:25:46	AURIGHI, Simone	Colchester Harriers	Male	43	295
296	2:25:58	JOHNS, Lisa	Unattached	Ladies Vets 35-44	120	296
297	2:26:04	HAWKINS, Fiona	Southend AC	Ladies Vets 35-44	172	297
298	2:26:07	OXENHAM, Mark	Serpentine Running Club	Male	400	298
299	2:26:07	SCHOOLING, Tracey	Unattached	Ladies Vets 35-44	607	299
300	2:26:35	RILEY, Joanna	Dagenham88	Ladies	261	300
301	2:26:42	BLACKHAM, Stuart	Unattached	Male	880	301
302	2:26:46	POLLETT, Derek	Springfield Striders	Male Vets 50	347	302
303	2:27:23	PUGSLEY, Gary	The Noshers	Male Vets	393	303
304	2:27:26	HAMILTON, Ian	The Noshers	Male	399	304
305	2:27:29	GURNER, Alison	Unattached	Ladies	8	305
306	2:27:30	DALY, William	Barking Road Runners	Male	208	306
307	2:27:39	TAYLER, Sean	Unattached	Male	207	307
308	2:27:47	GILBEY, Ken	Unattached	Male Vets 50	354	308
309	2:28:05	FARREN, Patrick	East London Runners	Male Vets	392	309
310	2:28:09	FAIRFULL, Jamie	Tiptree Road Runners	Male	220	310
311	2:28:10	WILLIAMS, James	Plumstead Runners	Male Vets 60	100	311
312	2:28:16	JEFFREY, Gordon	Dartford Harriers	Male Vets 60	409	312
313	2:28:24	MITCHELL, Paul	Unattached	Male	11	313
314	2:28:26	STAINES, Mick	Pitsea RC	Male Vets 60	690	314
315	2:28:39	SMITH, William	Dagenham88	Male Vets	150	315
316	2:28:41	ARCHER, Paul	Unattached	Male	75	316
317	2:29:14	OUTEN, Samantha	Pitsea RC	Ladies Vets 35-44	122	317
318	2:29:29	HOCKLEY, Marie	Bishops Stortford RC	Ladies 45-54	298	318
319	2:29:36	TUDOR, Sandra	Unattached	Ladies Vets 35-44	618	319
320	2:29:41	OSBORN, Mark	Road Runners Club	Male Vets 50	73	320
321	2:30:23	PERRY, Nick	Grange Farm & Dunmow Runners	Male	886	321
322	2:30:25	MCCULLIE, John	Dartford Harriers	Male Vets 60	405	322
323	2:30:33	QUANT, Tony	Unattached	Male	221	323

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles



324	2:30:46	GRIFFIN, Richard	Blackheath & Bromley Harriers AC	Male Vets 50	356	324
325	2:30:52	SIBLEY, Trevor	Braintree AC	Male Vets	315	325
326	2:31:26	HARRIS, Anne	Havering90 Joggers	Ladies 45-54	672	326
327	2:31:48	GORDON, Adam	Unattached	Male	9	327
328	2:31:52	BRETT, Katy	Orion Harriers	Ladies	85	328
329	2:32:01	BRIGHT, Stephen	British Athletics SC	Male Vets	304	329
330	2:32:26	BALL, Shirley	Bishops Stortford RC	Ladies 45-54	289	330
331	2:32:35	PEARSON, David	Unattached	Male Vets	301	331
332	2:32:48	COATES, Tracy	Dagenham88	Ladies	257	332
333	2:33:08	GOLDSTONE, Barry	Ipswich Jaffa RC	Male Vets 50	349	333
334	2:33:42	ADAMS, Douglas	Dagenham 88	Male Vets 60	686	334
335	2:34:01	TIMBRELL, Greg	Thrifty Green Trotters	Male	210	335
336	2:34:36	CAMMIDGE, Kate	Castle Point Joggers	Ladies 45-54	117	336
337	2:34:38	OLIVER, Stephen	Unattached	Male	187	337
338	2:34:41	WILBY, Michael	Barking Road Runners	Male Vets	314	338
339	2:34:42	JAGGS, Sarah	Deptford Green Runners	Ladies	256	339
340	2:34:45	HYERTAS, James	Unattached	Male	503	340
341	2:34:54	JONES, David	Mid-Essex Casuals	Male Vets	670	341
342	2:34:57	HOLT, Debbie	Mid-Essex Casuals	Ladies 45-54	633	342
343	2:35:08	DOLDEN, Gerry	Tiptree Road Runners	Male Vets	669	343
344	2:35:09	SHREWBURIDGE, Paul	Tiptree Road Runners	Male Vets 50	341	344
345	2:35:27	BADOIL, Chrystelle	Mid-Essex Casuals	Ladies	427	345
346	2:35:33	THEOKLI, Debbie	Mid-Essex Casuals	Ladies Vets 35-44	620	346
347	2:36:24	GRAY, Simon	Benfleet RC	Male	507	347
348	2:36:32	BANNISTER, Sharon	Springfield Striders	Ladies Vets 35-44	154	348
349	2:36:32	WENHAM, Sarah	Springfield Striders	Ladies	158	349
350	2:36:41	BOYDEN, Mark	Unattached	Male	879	350
351	2:37:01	GREEN, Carol	Unattached	Ladies 45-54	139	351
352	2:37:18	OWEN, Sarah	British Athletics SC	Ladies Vets 35-44	276	352
353	2:37:45	SIMPSON, Drew	Unattached	Male	78	353
354	2:37:54	ANDERSON, Alistair	Unattached	Male	487	354
355	2:38:01	EATON, Colin	Unattached	Male	504	355
356	2:38:02	URAL, Can	Unattached	Male Vets	875	356
357	2:38:08	REES, Andrew	Beckenham RC	Male Vets 50	108	357
358	2:38:09	EASTLAND, Diane	Unattached	Ladies	258	358
359	2:38:13	HIBBINS, Claire	Unattached	Ladies Vets 35-44	156	359
360	2:38:42	KORTEN, Robert	Maidstone Harriers	Male Vets 50	677	360
361	2:38:47	EASTLAND, Sharon	Unattached	Ladies	259	361
362	2:38:48	THOMAS, Nic	Unattached	Ladies Vets 35-44	159	362
363	2:38:51	COWAN, Eleanor	Bishops Stortford RC	Ladies Vets 35-44	164	363
364	2:39:04	DOBSON, Barry	Tiptree Road Runners	Male Vets 60	175	364
365	2:39:34	CARR, David	London Heathside	Male	212	365
366	2:39:37	ROBERTSON, Andrew	Unattached	Male	236	366
367	2:40:23	BALL, Becky	Unattached	Ladies Vets 35-44	32	367
368	2:40:39	COTTERILL, Dawn	Running Sisterhood	Ladies Vets 35-44	278	368
369	2:40:53	COLLIER, Peter	Ford Fitness	Male Vets 50	348	369
370	2:41:40	MCDONNELL, Steven	Havering 90 Joggers	Male	180	370
371	2:42:08	ROSE, Graham	Unattached	Male	2	371
372	2:42:45	SHELLITO, Diane	East Essex Tri-Club	Ladies Vets 35-44	95	372
373	2:43:07	DUNGATE, Stephanie	Cambridge Harriers	Ladies 45-54	291	373
374	2:43:16	NORRIS, Chris	Unattached	Male Vets	143	374
375	2:43:17	ASHLEY, Phil	Benfleet Rc	Male Vets	57	375
376	2:43:29	MCCLURE, Mel	Victoria Park Harriers & THAC	Ladies 45-54	295	376
377	2:43:32	CRUMMAY, Fiona	Unattached	Ladies 45-54	282	377

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles

378	2:43:50	STATON, Derek	Thurrock Nomads	Male Vets 50	362	378
379	2:43:53	PAYNE, Graham	Unattached	Male Vets	144	379
380	2:44:00	HOMER, Laura	Unattached	Ladies	169	380
381	2:44:56	RANT, Robert	Dagenham88	Male Vets 50	351	381
382	2:45:24	OSOBASE, Ikaehagbon	Plumstead Runners	Ladies	425	382
383	2:45:33	BURSTON, Nicola	Phoenix Striders	Ladies Vets 35-44	632	383
384	2:45:37	MCDONNELL, Barbara	Havering 90 Joggers	Ladies 45-54	179	384
385	2:46:50	REYNOLDS, Keith	Unattached	Male Vets 50	130	385
386	2:46:55	ROUKE, Ciaran	Unattached	Male	25	386
387	2:47:01	REMFREY, Daniel	Benfleet Rc	Male	214	387
388	2:47:02	BISHOP, David	Unattached	Male Vets	93	388
389	2:47:23	MACKINTOSH, Sarah	Thrift Green Trotters	Ladies	153	389
390	2:47:39	WILLIAMS, Rita	Ware Joggers	Female Vets 55	673	390
391	2:47:46	BLOOMFIELD, Valerie	Running 4 Women	Ladies Vets 35-44	272	391
392	2:48:11	HAMMOND, Eileen	Castle Point Joggers	Ladies Vets 55	376	392
393	2:48:40	JOHNSON, Leanne	Loss / Team Viper	Ladies	33	393
394	2:49:04	ASHDOWN, Vanessa	Castle Point Joggers	Ladies 45-54	631	394
395	2:49:05	ESHMADE, Rebecca	Castle Point Joggers	Ladies	265	395
396	2:49:47	OLEARY, Jim	VAC	Male Vets 50	98	396
397	2:50:36	MACKINTOSH, Stuart	Thrift Green Trotters	Male Vets 50	342	397
398	2:51:33	EVE, Paul	The Noshers	Male	398	398
399	2:51:34	FLEMING, Roy	Billericay Striders	Male	243	399
400	2:51:42	GOLDSTONE, Bridget	Ipswich Jaffa RC	Ladies 45-54	288	400
401	2:52:37	SIMPSON, Stuart	Unattached	Male	79	401
402	2:53:40	BROWN, Johanna	Unattached	Ladies Vets 35-44	275	402
403	2:53:41	GREENIDGE, Tara	Unattached	Ladies Vets 35-44	274	403
404	2:53:46	MCCARTHY, Pete	Unattached	Male Vets	81	404
405	2:55:29	SPENCER, Sally	Barking Road Runners	Ladies Vets 35-44	167	405
406	2:55:30	SPENCER-PERKINS, Dennis	Barking Road Runners	Male Vets 50	160	406
407	2:56:53	TALIADORDS, Helen	Unattached	Ladies Vets 35-44	183	407
408	2:57:14	BOOTY, Heather	Benfleet Rc	Ladies Vets 35-44	612	408
409	2:58:08	ZAMAN, Hasina	Unattached	Ladies Vets 35-44	617	409
410	3:03:46	MCMILLAN, Bruce	Unattached	Male Vets	318	410
411	3:04:36	CLARK, Gemma	Barking Road Runners	Ladies	251	411
412	3:05:26	COPPING, David	Unattached	Male Vets	94	412
413	3:08:00	STANNARD, Ashley	Unattached	Ladies	77	413
414	3:08:43	LEAF, Kathy	Bexley AC	Ladies 45-54	635	414
415	3:09:21	STACEY, Lee	Unattached	Male Vets	121	415
416	3:11:32	WING, Julie	Maidstone Harriers	Ladies Vets 55	375	416
417	3:12:00	GILLIE, Sheila	Unattached	Ladies 45-54	23	417
418	3:12:01	HUMPHRIES, Frances	Vegan Runners UK	Ladies Vets 55	59	418
419	3:12:52	HARK, Nicola	Unattached	Ladies	10	419
420	3:13:58	BARLEY, Allan	Essex Police	Male Vets 60	599	420
421	3:16:22	SCRIVENER, Keith	Great Bentley RC	Male Vets 60	688	421
422	3:16:51	BERRY, Karen	Benfleet Rc	Ladies Vets 35-44	613	422
423	3:17:18	WILSON, Kenneth	East London Runners	Male Vets	334	423
424	3:19:52	ODDIE, Elaine	Road Runners Club	Ladies 45-54	287	424

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles



LADIES TEAM AWARDS

1	: Benfleet Rc	2	1:50:13	MANCER, Lucy	Ladies
		3	1:50:21	DAWSON, Gail	Ladies Vets 35-44
		4	1:53:02	WATSON, Jacqui	Ladies Vets 35-44
2	: Benfleet Rc	7	1:55:45	DODDS, Vanessa	Ladies Vets 35-44
		11	2:03:21	GARRARD, Sharon	Ladies Vets 35-44
		13	2:04:47	SLACK, Debbie	Ladies Vets 35-44
3	: Springfield Striders	5	1:54:29	ALEXANDROU, Tracey	Ladies Vets 35-44
		16	2:06:15	MILLS, Kate	Ladies Vets 35-44
		22	2:12:52	BROCKBANK, Nikki	Ladies
4	: Pitsea RC	14	2:05:19	BENT, Natalie	Ladies
		38	2:23:01	PETTIFER, Lorna	Ladies Vets 35-44
		49	2:29:14	OUTEN, Samantha	Ladies Vets 35-44
5	: Thrift Green Trotters	29	2:16:49	DAY, Nina	Ladies
		35	2:20:27	TIMBRELL, Jodie	Ladies
		80	2:47:23	MACKINTOSH, Sarah	Ladies
6	: East Essex Tri-Club	36	2:22:23	BURROWS, Janet	Ladies Vets 35-44
		39	2:23:39	MOWLE, Christine	Ladies Vets 35-44
		72	2:42:45	SHELLITO, Diane	Ladies Vets 35-44
7	: Castle Point Joggers	15	2:05:51	DUDLEY, Denise	Ladies Vets 35-44
		56	2:34:36	CAMMIDGE, Kate	Ladies 45-54
		82	2:48:11	HAMMOND, Eileen	Ladies Vets 55
8	: Springfield Striders	43	2:25:39	MACCAULAY, Sheila	Ladies Vets 55
		61	2:36:32	BANNISTER, Sharon	Ladies Vets 35-44
		62	2:36:32	WENHAM, Sarah	Ladies
9	: Bishops Stortford RC	50	2:29:29	HOCKLEY, Marie	Ladies 45-54
		54	2:32:26	BALL, Shirley	Ladies 45-54
		69	2:38:51	COWAN, Eleanor	Ladies Vets 35-44
10	: Mid-Essex Casuals	58	2:34:57	HOLT, Debbie	Ladies 45-54
		59	2:35:27	BADOIL, Chrystelle	Ladies
		60	2:35:33	THEOKLI, Debbie	Ladies Vets 35-44
11	: Barking Road Runners	28	2:15:43	WATERS, Ellen	Ladies
		89	2:55:29	SPENCER, Sally	Ladies Vets 35-44
		93	3:04:36	CLARK, Gemma	Ladies
12	: Benfleet Rc	34	2:20:12	BURTONSHAW, Jo	Ladies Vets 35-44
		91	2:57:14	BOOTY, Heather	Ladies Vets 35-44
		100	3:16:51	BERRY, Karen	Ladies Vets 35-44

Benfleet Running Club

Benfleet 15 .v2

25th January 2009 Distance 15 miles



MENS TEAM AWARDS

1	: Benfleet Rc				
		2	1:34:48	MANCER, Jez	Male
		6	1:37:29	BOOTY, Graham	Male
		8	1:39:48	MEAD, Tony	Male Vets
2	: Billericay Striders				
				BLOOMFIELD,	
		1	1:31:27	Crispian	Male
		17	1:44:35	SQUIRE, Anthony	Male
		18	1:44:52	CLARK, Alan	Male Vets
3	: Beckenham RC				
		12	1:41:59	WITHECOMBE, Will	Male
		19	1:45:16	WILKENS, Nolan	Male
					Male Vets
		43	1:51:38	FANCETT, Ken	50
4	: Harlow RC				
		11	1:41:49	BROUGHTON, Alan	Male Vets
		33	1:48:37	MACKENZIE, Steve	Male Vets
					Male Vets
		36	1:49:13	STEVEN, Roy	50
5	: Ely Runners				
		4	1:35:42	PETTIT, Stephen	Male Vets
		32	1:48:13	ETCHES, Adam	Male
					Male Vets
		52	1:53:10	CHAPMAN, Graham	50
6	: Barking Road Runners				
		13	1:41:59	PHILCOX, Stephen	Male Vets
		16	1:44:33	WOTTON, Kevin	Male Vets
		67	1:55:22	JONES, Colin	Male Vets
7	: Benfleet RC				
		29	1:47:51	WATSON, Stuart	Male
		37	1:49:29	CHAPMAN, Adam	Male
		62	1:54:36	WATSON, Peter	Male
8	: Thrift Green Trotters				
		30	1:48:11	HINNS, Kevin	Male Vets
		31	1:48:12	ONEILL, Ian	Male Vets
		75	1:56:41	MANSFIELD, Dave	Male Vets
9	: Billericay Striders				
		21	1:45:56	JACOB, Kevin	Male Vets
		40	1:50:07	COLEMAN, Andy	Male Vets
		83	1:57:40	THOMPSON, David	Male Vets
10	: Tiptree Road Runners				
				HASKEY-JONES,	
		22	1:46:01	James	Male Vets
		26	1:47:38	MORGAN, Simon	Male Vets
		104	2:01:57	CLARKE, Phil	Male
11	: East Essex Tri-Club				
		23	1:46:37	FULLER, Richard	Male Vets
		70	1:56:08	STUART, Dan	Male
					Male Vets
		72	1:56:23	MILNE, Chris	50