



**COLD CHRISTMAS TO GOOD EASTER
MARATHON**

SUNDAY 13 JANUARY 2008

Organised by Springfield Striders Running Club



26.2 Miles trail run to finish within 7 hours. A demanding scenic route from Cold Christmas (Herts.) to Good Easter (Essex). 90% off road. Written route description. Manned checkpoints with refreshments. Hot food at finish. Entry £10 (unattached £12) includes coach to the start. Start 9am. Coach leaves Good Easter at 8.15am. Entries close 31st December 2007.

Name.....M/F....Age....

Club.....

Address.....

.....

.....

Telephone No.....

Cheque made payable to Springfield Striders RC

I agree to abide by the rules of the event and observe the country code at all times. I confirm that I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I confirm that I participate at my own risk and that no liability is accepted by the organisers for injury, damage or loss sustained by me before, during or after the event.

Signed.....Date.....

I enclose a SAE for confirmation of my entry and details.

Send to: Peter Tremain 2 Trotwood Close Chelmsford CM1 4UZ

Tel. 01245 442117