

ESSEX WAY STAGE 10 - RAMSEY TO HARWICH (5.5 miles)

START - CASTLE PUB, RAMSEY (Map Ref: TM 212305)

Key

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; KG = kissing gate.**

All distances are approximate

- 1 With pub on your **L**, follow **RD** 20M to **RD** junction and **TR**.
CONT 100M to large roundabout.
TL 20M to end of barrier and **X** road **WITH GREAT CARE**.
CONT ahead 40M (barrier on **R**) and pass hall (on your **L**).
CONT uphill 40M on pavement and **X** road to **FPS** at **L** of 'KINGDOM HALL'.
- 2 CONT ahead 30M on **TK** & **X** **FB**.
TL and go 100M uphill (hedge on **L**) to corner (**do not bear L now**).
CONT straight ahead (same direction) 150M uphill over field aiming to **L** end of trees ahead.
CONT ahead 300M (trees/hedge on **R**) to **WM** in corner of field.
- 3 **TR** & **X** **FB**. **TL** and CONT 150M straight ahead to pass under power lines.
30M on **TL** and CONT 70M to start of hedge.
CONT 100M (hedge on **R**). CONT straight ahead 100M (**LITTLE OAKLEY MEMBERS CLUB** on **R**) to **FPS** by main **RD**. **TAKE CARE HERE**
- 4 **TL** and CONT 100M to just past wooden bus shelter.
X **RD** to **FPS**.
Go **THRU** wooden gate & follow **TK** as it quickly bears **L** & **R** then sharp **R** onto cinder **TK**.
CONT 450M on **TK** (hedge on **L** initially) to **WM** at **TK** junction.
TL 100M along field edge (ditch on **R**) to **WM**.
- 5 **TR** and CONT 170M along field edge (ditch on **R**) to **FB**.
X **FB** and CONT 200M (hedge/ditch on **R**) to end of hedge.
CONT (same direction) 100M **X** field to **WM**.
CONT ahead 700M on field edge to **WM** up on bank ahead. **(2.2 miles)**
- 6 Go up bank to top of seawall and **TL**.
CONT 600M (creeks mainly on **R**) 'til **TK** bears **R**).
CONT 800M (cranes in distance) passing by caravan site (on your **L**) to reach twin short concrete posts – just as **TK** becomes tarmac.

- 7** CONT 500M ahead to TK junction. Bear **R** 100M to water's edge. **(3.5 miles)**
Bear **L** on TK following water's edge 450M to beach huts.
TR on promenade RD and CONT 1000 to twin lighthouses.
- 8** CONT 1000M, still following water's edge, to start of more beach huts.
CONT 150M to end of beach huts.
CONT 200M (path now narrow) round the headland and past the breakwater.
- 9** CONT 600M (metal security fence on **L** at first) to lighthouse (**MARITIME MUSEUM**).
CONT 150M to the old wooden **HARWICH CRANE** (on your **L**).
- 10** **TL** (crane now on your **R**) & CONT 100M (houses on **R**) to finish at *High Lighthouse (now **NATIONAL VINTAGE WIRELESS AND TELEVISION MUSEUM**).

*Map Ref: TM 261325

Revised 27 Jul 2005 John (Harwich Runners)