

ESSEX WAY STAGE 4 - LITTLE LEIGHS TO CRESSING (10.1 miles)

START - St JOHN'S CHURCH (Map Ref: TL 719167)

Key

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; KG = kissing gate.**

All distances are approximate Each paragraph covers about 1 mile

- 1** Ahead (church on your **L**) and take first lane on **R**
CONT 200M to junction and **TR** on White's Lane.
CONT 300M to gravel track, pass between bollards.
Follow **TK** for 300M round bends and through underpass, bear left between bollards,
bear **R** and **X RD** toward double gates and Essex Way sign.
TR around end of crash barrier onto narrow path, bear left through fence gap.
TR and follow edge of field CONT 150M with ditch/stream on **R** & **X FB**.
CONT 150M passing works gate.
TL at **WM**, keeping fence on your **L**, for 100M.
- 2** **X ST TR**, hedge on your **R**, & CONT 350M to end of field. **TL** then **TR** and **X ST**.
CONT 150M with hedge then fence on **L** to **ST** and gate .
X ST in fence on **L**, **TR** along field edge and CONT on path across field to **X ST**.
TR on **RD** for 80M. **TL** at **FPS** before ford, up steps and **X ST**. **TR** with hedge on your
R, for 150M CONT THRU hedge gap to **ST**.
X ST, CONT 200M across field, **X FB** and **ST**.
CONT 200M across field and pass between wooden posts by **ST**.
CONT 250M across field (may be boggy!!) with hedge on your **L** & **X ST** to **RD**.
- 3** **X RD**, bearing **R** to **FPS**. **TL** on track with hedge on **L** for 50M.
At end of hedge CONT uphill in same direction on **TK** for 450M to ditch corner.
CONT ahead, with ditch then hedge on **L**, for 120M to field corner.
TL for 100M to **WM**. Bear **R** for 150M and pass on **L** of house to **RD**.
TR on **RD**, at junction keep **R** (unfortunately 'Square and Compasses' to **L**!!).
After 250M come to **FPS** on your **R**. **TR** here (just after white house).
CONT with hedge on **R** for 250M, **TR** THRU ditch and hedge gap in field corner. **TL**
and follow hedge on **L** for 150M bearing **L** down to field corner. Bear **L** a short
distance on narrow path to **FB**. **(TAKE CARE – IT IS EASILY MISSED)**

- 4 **X** FB and CONT straight ahead 50M THRU gap.
CONT 350M uphill with wood on **L**. At end of wood **TL** (wood still on **L**).
After 200M CONT straight ahead THRU hedge gap (ignore TKs turning **L** & **R**).
CONT 250M to corner of wood and WM. **TL** for 50M then **TR** at WM.
X field on grass TK 250M to ST. **X** ST, **X** field 50M and **X** next ST onto TK.
Follow TK for 250M (becoming metalled passing cottage **BEWARE DOG**).
- 5 Bear **L** at RD junction (pond). After 250M ignore RD on **L** and CONT 75M.
Keep **L** at RD junction. CONT on RD for 250M (ignore RD on **L** to Windmill). CONT
400M to ford (ignore RD to **R**). **X** FB and walkway then CONT 75M uphill.
At RD junction, **X** RD diagonally **L** and **TR** at FPS onto TK. CONT 200M to hedge.
Bear **L** then **R**. CONT 250M (with hedge on **R**) to field corner and WM.
- 6 **TL** downhill (hedge on **R**) for 375M to field corner. **TR** THRU hedge gap, then **TL**
and after 25M THRU another hedge gap (WM).
TR (hedge on **R**) for 300M until 30M from end of field (WM post on **R**). **TL** across
field THRU plantation on grass strip for 75M to WM and **X** FB into wood. CONT
THRU wood on gently meandering TK for 100M.
Exit wood and **TR** for 150M (wood on **R**) to WM.
TL and cross field (passing lone oak tree) 250M to **X** 2 ST, FB and another ST.
CONT across field 75M, **X** ST, CONT 75M on enclosed TK, **TR** and **X** FB.
TL for 75M THRU cemetery. Pass wooden gate to RD.
- 7 **TR** along RD 200M to junction. **TR** for 250M ignoring first FPS, and **TL** at next FPS
onto TK. Follow TK for 500M passing Troys Hall. TK becomes green & enclosed for
600M THRU bends and THRU metal gate.
- 8 CONT 100M, **TL** on concrete track and CONT 1100M to Maltings Farm and RD.
(**X ROAD VERY CAREFULLY**) **TL** for 70M. **TR** at FPS (signed 'Whiteways').
CONT 250M to 'Whiteways', bear **L** at fence and **X** grass 50M to WM.
- 9 THRU gap, CONT straight ahead (initially with hedge on **L**) 350M to **X** FB.
TL (with hedge on **R**) for 250M. **X** FB and **X** ST.
CONT for 200M to **X** ST. CONT 150M along drive, THRU KG and CONT to RD. **TR**
for 30M to FPS (on your **L**). **TL** along lane for 300M to Fambridge Farm. (**TAKE
CARE – tricky here**) Bear **L** to pass in front of house, barn to **R**, and bear **L** again
onto grass **TK**, passing fence & barn. CONT for 200M to TK junction (WM). **TR** for
100M and go under railway bridge.
- 10 CONT along TK (hedge on **L** at first) for 150M. Then with hedge on **R** for 250 M and
finally with hedge on **L** for 500M to Newbarns Farm. At WM **TL** THRU hedge and
TR to RD. **X** RD (**TAKE CARE –VERY FAST/DANGEROUS ROAD**).
TL on pavement for 200M to **FPS** in hedge and **TR** on initially gravelled path.
CONT with hedge on **R** for 125M (very rough + holes) then onto path across field for
400M to finish at RD by Cressing Church. **Map Ref: TL 795204**
Revised 27 July 2005 (Dave Game)