

ESSEX WAY STAGE 1 - EPPING to CHIPPING ONGAR (7.5 miles)

START - EPPING STATION (MapRef: TL 462016)

Key

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; KG = kissing gate.**

All distances are approximate

- 1 X** railway FB and **TL**. Ahead 100M to main RD. **X** main RD and **TR** for 50M downhill to FPS.
TL and go ahead 150M (hedge on your **R**) to field. **CONT** ahead **HALF R** 200M to gap in hedge. **THRU** gap and **TL**. Ahead 400M to meet RD by red brick house.
- 2 TL** at RD for 30M and **TL** at FPS. Ahead 150M and bear **R (DO NOT GO INTO FIELD)**. Follow enclosed **TK** for 700M to small clearing. **X** clearing straight over, under power lines, and **CONT** on track (more power lines on your **R**) 250M to RD.
- 3** At RD **TR** ('Theydon Oak' pub on your **L**) for 100M. **X** RD and continue for another 50m in same direction. **TL** at FPS by twin telegraph poles just **BEFORE** red 'PRIVATE' sign on tree.
- 4 Pass** **THRU** posts and **CONT** ahead 75M to go **THRU** gap. Bear **L** (keeping hedge on your **L**) for 350M to gap. **THRU** gap follow field edge **L** (it is legitimate to partly cut this corner) 300M to gap. **THRU** gap and ahead 300M to **ST**.
- 5 X** **ST** (or **THRU** gap in fence) and **FB** and **TL** immediately at **WM**. **CONT** 250M (ditch on **L**/woods on **R**) over 2 **FB**s then bearing **L** up steps & **CONT** on **TK** to **WM**. At **WM** **TR** to follow **TK** for 200M past school on your **L** to **KG**. **THRU** **KG** to cricket field. **(2 miles)**
- 6** Follow **R** edge of cricket field 40M to end of fence. **TR** down steps, **ignore** **TK** on **R**. 5M on, at **TK** fork, take **R** fork for 200M **THRU** woods & finally over ramp to **FPS**. At **FPS** **TR**.
- 7** **CONT** ahead 250M and **X** **FB** over M 11 (enjoy the view!!). Ahead 200M on **TK** with fields on your **L** to join wide **TK**. Straight ahead – do **NOT** bear **R** (keep wooden fence on your **L**) short way on Wide **TK** then narrow **TK** to enter forest.
ABSOLUTELY STRAIGHT AHEAD 900M (ignore all crossing tracks) to FPS.

- 8** At FPS (Toot Hill) again **ABSOLUTELY STRAIGHT AHEAD** (on narrower TK – **ignore** wider TK bearing leftish) 400M to emerge at field by FPS (Toot Hill/blue tipped wooden post). Straight ahead 500M on grass TK between fields to corner of small wood. Ahead 450M uphill (wood on your **R**) and follow TK over open land to corner of wooded area. **TAKE CARE NOW.**
- 9** Ahead 70M and **TR** (WM) **THRU** gap – warning, easily missed (**DO NOT GO UP TO THE WATER TOWER**). **X** field diagonally **L** towards wooden power cable pole (uphill of the obvious pole straight across from the gap).
Go **THRU** gap just before pole. **CONT** ahead 300M with hedge on your **L** (ignore turnings to **L**). At field corner **CONT** ahead to **ST**.
X **ST** and follow **L** edge of field 200M to **X** **ST** at main RD. **(4.5 miles)**
- 10** At RD **TL**. Pass ‘Green Man’ pub (sorry!!). **CONT** 500M on this main RD to sharp **L** bend with large black and white chevron signs. **TR** here, **X** grass (keeping houses/cottages ‘Weald’s Farm’ on your **R**). Ahead **THRU** gap into field. **TR**. Follow field edge for 30M and **TR X** **FB** and immediately **TL**.
- 11** Ahead 150M on narrow track (wire fence on your **R**) to **X** **FB** and **ST**. Ahead 200M on **L** field edge to **X** **ST** and **FB**.
Ahead 800 M on **L** field edge (**KEEP HEDGE ON YOUR L AT ALL TIMES**) to pass black wooden farm building ‘Widow’s Farm’ (on your **R**).
At fence corner **CONT** ahead 40M on **L** field edge to **WM**. **TL** and **X** **ST**.
- 12** Ahead 50M **THRU** paddock and **X** **ST**. (You may encounter 4 legged friends).
Ahead 30M **THRU** paddock and **X** **ST**.
Ahead 40M **THRU** Paddock and **X** **ST**.
Ahead 40M **THRU** paddock and **X** **ST**.
Bear **L** downhill 50M and **TL** to **X** **ST**.
- 13** **TR** and follow **R** field edge closely 150M to FPS at RD. **X** RD **HALF L** to FPS (**Do NOT enter ‘GREENSTED WOOD FARM**) and **X** **FB**.
Ahead 400M on **L** field edge (under twin power lines) to **X** **TK** by **WM** and straight ahead **THRU** gap and **X** **FB**. Follow **L** field edge 400M to go **THRU** gap by lone tree. Ahead following **L** field edge 300M to go **THRU** gap and **X** **FB** in field corner to partially concreted **TK**.
- 14** **TR** uphill 100M to **WM** and **THRU** forecourt of brown wooden houses. **CONT** uphill and pass Greensted Church to FPS.
TL at FPS (Ongar) and ahead 40M to pass **THRU** wooden gate in white metal railings. Ahead **HALF L** to gap by metal gate. Ahead **HALF L** to follow field edge 200M to **KG** and tarmac **TK**.
X tarmac **TK** and **X** **FB**. Straight ahead 850M on grass **TK**. **Eventually over concrete bridge to *finish stage uphill past Sainsbury’s in Chipping Ongar.**
* Map Ref: TL 552032 *Revised 27Jul 2005 (Robert Teer)*

ESSEX WAY STAGE 2 - CHIPPING ONGAR to GOOD EASTER (9.5 miles)

START - CHIPPING ONGAR (Banson's Lane Car Park – Map Ref: TL 552032)

Key

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TK = track; RD = road; KG = kissing gate.**

All distances are approximate

- 1 **X** main RD by Zebra Xing and **TR**. Ahead 100M to large round 'Ongar' sign & **TL**. **CONT** past 'White House' gates bearing **R** into narrow alley. **TL** at RD. **THRU** KG and **CONT** ahead on TK, passing farm buildings (on your R), staying on main TK as it twists and turns until it eventually goes under power cables. Immediately **TL** and follow TK, in direction of power cables, to corner. Bear **R** downhill and **TL** at end of hedge (on your L) by WM. Follow TK to RD ... **BUT** ... just **BEFORE** RD turn **R** at gate. **CONT** downhill (hedge on L then wooden fence). **TL** over ST in wooden fence & up steps to RD. (1¼ miles)
- 2 **X** RD carefully. Ahead at FPS bearing **R** then **L** for 30M to RD. **X** RD. **CONT** **HALF R** ahead at FPS and **X** field to hedge corner. **TL** and now follow tracks near the river for 1.5 miles **Xing** STs and FBs (over ditches) en route but **NOT Xing** river yet. Ignore first bridge (wooden) over river but **TR** & **X** second bridge (metal). (2¾ miles)
- 3 ***TL** and **CONT** ahead almost immediately into green lane (hedges both sides). Exit green lane and **CONT** on broad TK to RD.
[* **in practise, most people seem to take the following route though it is not a footpath: TL into field. Immediately TR (hedge on R) & CONT 250M to broad TK. CONT ahead on broad TK to RD.**]
- 4 **CONT** ahead on RD for 50M and then **TR** at FPS (Bridleway) by telegraph post into green lane. **CONT** ahead to emerge at field edge for 200M then re-enter green lane and **CONT** ahead to RD.
- 5 **TR** passing 'Little Witney Green, & 'Rectory' (on your L) and then **TR** at FPS (ignore 'private' sign). **IMMEDIATELY** head **HALF L Xing** field 20m **R** of telegraph post in line with WM post. Aim for gap in hedge with church tower behind it and pass **THRU** then ahead (still aiming for church tower) to exit by WM and FB to RD. (4¼ miles)

- 6** At RD **TL** for 400M. **TR** at road signs, towards Millers Green, and **IMMEDIATELY** **TR** at FPS THRU hedge, **X** FB and **TL** (keep hedge/fence on **L** now) to WM. **TR** (aim for church tower) to **X** field and **X** FB. **TL** before bearing **R**. CONT on field edge uphill (ignore **L** turnings) to eventually **X** FB and pass between Willingale churches to RD. **(5 miles)**
- 7** **X** RD & CONT ahead at FPS (with hedge on **R**) for 2½ fields then **X** to follow other side of hedge to FPS at field corner. **TL** over FB and CONT ahead (hedge on **R**) to corner. **X** ditch and **TL**. CONT with hedge on **L** to FPS at field corner.
- 8** **TR** following TK , ditch on **L**, for 100M to **TL** on FB over ditch and straight ahead on raised TK (ditch on **L**) for 300M to arrive at RD. **(5¾ miles)**
- 9** **X** RD & CONT ahead on Byway at FPS for 700M to T junction at narrow lane. **TR** and CONT for 500M then **TL** at FPS on bend. **(6½ miles)**
- 10** CONT 1000M (stony ground) & **TL** at sharp corner (beware! WM sometimes tampered with) then 1300M on rough TK, ignoring any TKs off, to eventually emerge at FPS by lane. **TR** and CONT ahead on lane for 500M to main RD. **(8¼ miles)**
- 11** **X** RD (carefully) **HALF L** to FPS in lay-by and CONT on Byway for 900M (hedge on **R** at first then bearing **R** on deeply rutted TK between hedges). Emerge on hard surfaced lane passing house and barn to reach RD at junction.
- 12** **TL** over bridge past 2 white houses and then very soon **TL** at FPS by telegraph post. Ahead following **L** side of field to **X** FB in corner and **TR**. CONT 200M up **R** edge of field to FPS and then **HALF L X** field aiming for **R(ish)** side of church tower. (Warning – this mud **REALLY STICKS** to your shoes!!)
- 13** **X** FB and follow **L** edge of graveyard to pass **L** side of church exiting onto RD. **TL** and finish is 100M away by ***CROSSROADS**. **(9½ miles)**

*** Map Ref: TL 626123**

Revised 24 Aug 2005 (Ken Parry/Robert Teer)

ESSEX WAY STAGE 3 - GOOD EASTER to LITTLE LEIGHS (9.5 miles)

START - GOOD EASTER (Map Ref: TL 626123)

Key

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FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; KG = kissing gate.**

All distances are approximate

- 1** From crossroads follow **RD** signed 'Pleshey' for 50M to FPS (Bridleway) and **TL**. Ahead 10M and **TR** at FPS to follow field edge (houses to **R**) for 200M to TK junction. At TK junction turn **L** and **CONT** with ditch, then hedge, on your **R** dead straight for 650M to **X** FB to RD.
- 2** **TR** at RD and **CONT** for 300M to sharp **R** bend in RD. **TL** here (hidden FPS) onto Byway and **CONT** 500M to sharp **L** turn. Here **TR** at red gate with WM. **CONT** ahead 300M, fence on **L**, to black metal gate. **IGNORE L OR R TURNS.** **CONT** ahead on narrow TK, trees both sides, for 1200M to RD (Stagden Cross).
(2 MILES)
- 3** At RD **TR**, past red postal box, for 50M to RD junction. **CONT** ahead, signed 'Chelmsford', for 150M and turn **L** at FPS (BYWAY) just after end of hedge. Ahead on gravel TK between trees (ignoring **L/R** turns) for 1000M to emerge at field. **CONT** ahead on field edge, with hedge and ditch on **R**, eventually becoming TK for 1000M to RD (just after farm buildings on your **R**).
- 4** At RD **CONT** straight ahead for 400M (passing 'Pleshey Grange' & red post box on your **R**) to **TR** at FPS (Bridleway) opposite driveway to cream house. **CONT**, sticking to main bridleway at all times, for 800M to RD.
(4 MILES)
- 5** At RD **TL** and follow main road through Pleshey village (ignore **L** RD turns) for 850M to reach Anglia Water metal gate, on your **R**, just past 'Mount House'. Go up to gate and **TL** following extremely close by fence then ditch (on your **L**) for 450M to **X** ditch on earth bridge by WM.
- 6** Immediately **TR**, ditch now on your **R**, and **CONT** ahead on field edges for 1000M to where concrete bridge crosses ditch. **TL** for 50M towards reservoir and **TR** at metal gate following TK at bottom of bank.

- 7 TL** for very short distance then **TR & CONT** on TK with hedge on your **L (ditch parallel about 50M away)**.
Follow this TK for 450M until just before next reservoir. **TR off main TK** between reservoir and wire fence for 50M and **CONT** on TK as it bears **L**. Follow **TK** (reservoir on **L**, ditch on **R**) for 200M to RD.
- 8 X RD** to FPS and **CONT** ahead, hedge on your **L**, for 800M (ignoring path to **L**) to **X ST** and reach RD (Great Waltham). (**6.5 MILES**)
- 9 X main RD CAREFULLY** to FPS and go **THRU KG**. **CONT** slightly half **R** (ish) across park passing just to **R** of metal railings encircling three trees to reach white **KG** after 200M. **THRU KG**, immediately **X drive** and pass **THRU** another **KG**. **CONT** 100M across park to next **KG**. Pass **THRU** this **KG** and **TR** on drive.
- 10 CONT** 250M down drive and bear **L** at end (Pets' cemetery) to soon **X bridge** over river and **CONT** short distance to **X next bridge**. Immediately **TL** for 50M across grass to white **KG**. Pass **THRU KG** and **CONT** ahead, fence on **L**, 450M to **X ST** and **X RD** to FPS. **CONT** ahead, fence and ditch on **L**, for 400M to **X ST** and reach main RD (A130, Essex Regiment Way).
X RD EXTREMELY CAREFULLY to FPS and **X ST**. (**7.5 MILES**)
- 11 CONT** ahead, with ditch then hedge on **L**, 200M to field corner (telegraph post). **CONT** ahead **THRU** gap following line of telegraph posts to next corner. **CONT** ahead **THRU** gap and **X FB** to **CONT** with hedge/ditch on **L** (passing under triple overhead wires) for 800M to eventually pass between two tall hedges and reach RD by group of buildings.
- 12 At RD TL** and follow RD through Chatham Green village for 500M to where RD turns sharply **R** (by Hyde Hall Lane). Go straight across here (**DO NOT FOLLOW RD**) past FPS and 'No Through RD' sign on concrete TK – houses on your **R** – for 200M, TK becoming dirt/grass, to where TK turns sharply **L**.
- 13 DO NOT TL BUT GO STRAIGHT AHEAD (WM) TO PASS BY FIELD GATE.**
X field bearing very slightly R to ST by FPS.
- 14 CONT** ahead with hedge on **R** for 250M to where fence starts.
Immediately **TL** on broad grass TK (wire fence on **R**) for 100M and **TR** at FPS.
CONT ahead, with hedge on left, for 300M to reach lane by *Little Leighs Church.
(**9.5 MILES**)

* **Map Ref: TL 719167**

Revised 27 JULY 2005 (Howard Jardine)

ESSEX WAY STAGE 4 - LITTLE LEIGHS TO CRESSING (10.1 miles)

START - St JOHN'S CHURCH (Map Ref: TL 719167)

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All distances are approximate Each paragraph covers about 1 mile

- 1** Ahead (church on your **L**) and take first lane on **R**
CONT 200M to junction and **TR** on White's Lane.
CONT 300M to gravel track, pass between bollards.
Follow **TK** for 300M round bends and through underpass, bear left between bollards,
bear **R** and **X RD** toward double gates and Essex Way sign.
TR around end of crash barrier onto narrow path, bear left through fence gap.
TR and follow edge of field CONT 150M with ditch/stream on **R** & **X FB**.
CONT 150M passing works gate.
TL at **WM**, keeping fence on your **L**, for 100M.
- 2** **X ST TR**, hedge on your **R**, & CONT 350M to end of field. **TL** then **TR** and **X ST**.
CONT 150M with hedge then fence on **L** to **ST** and gate .
X ST in fence on **L**, **TR** along field edge and CONT on path across field to **X ST**.
TR on **RD** for 80M. **TL** at **FPS** before ford, up steps and **X ST**. **TR** with hedge on your
R, for 150M CONT THRU hedge gap to **ST**.
X ST, CONT 200M across field, **X FB** and **ST**.
CONT 200M across field and pass between wooden posts by **ST**.
CONT 250M across field (may be boggy!!) with hedge on your **L** & **X ST** to **RD**.
- 3** **X RD**, bearing **R** to **FPS**. **TL** on track with hedge on **L** for 50M.
At end of hedge CONT uphill in same direction on **TK** for 450M to ditch corner.
CONT ahead, with ditch then hedge on **L**, for 120M to field corner.
TL for 100M to **WM**. Bear **R** for 150M and pass on **L** of house to **RD**.
TR on **RD**, at junction keep **R** (unfortunately 'Square and Compasses' to **L**!!).
After 250M come to **FPS** on your **R**. **TR** here (just after white house).
CONT with hedge on **R** for 250M, **TR** THRU ditch and hedge gap in field corner. **TL**
and follow hedge on **L** for 150M bearing **L** down to field corner. Bear **L** a short
distance on narrow path to **FB**. **(TAKE CARE – IT IS EASILY MISSED)**

- 4 **X** FB and CONT straight ahead 50M THRU gap.
CONT 350M uphill with wood on **L**. At end of wood **TL** (wood still on **L**).
After 200M CONT straight ahead THRU hedge gap (ignore TKs turning **L** & **R**).
CONT 250M to corner of wood and WM. **TL** for 50M then **TR** at WM.
X field on grass TK 250M to ST. **X** ST, **X** field 50M and **X** next ST onto TK.
Follow TK for 250M (becoming metalled passing cottage **BEWARE DOG**).
- 5 Bear **L** at RD junction (pond). After 250M ignore RD on **L** and CONT 75M.
Keep **L** at RD junction. CONT on RD for 250M (ignore RD on **L** to Windmill). CONT
400M to ford (ignore RD to **R**). **X** FB and walkway then CONT 75M uphill.
At RD junction, **X** RD diagonally **L** and **TR** at FPS onto TK. CONT 200M to hedge.
Bear **L** then **R**. CONT 250M (with hedge on **R**) to field corner and WM.
- 6 **TL** downhill (hedge on **R**) for 375M to field corner. **TR** THRU hedge gap, then **TL**
and after 25M THRU another hedge gap (WM).
TR (hedge on **R**) for 300M until 30M from end of field (WM post on **R**). **TL** across
field THRU plantation on grass strip for 75M to WM and **X** FB into wood. CONT
THRU wood on gently meandering TK for 100M.
Exit wood and **TR** for 150M (wood on **R**) to WM.
TL and cross field (passing lone oak tree) 250M to **X** 2 ST, FB and another ST.
CONT across field 75M, **X** ST, CONT 75M on enclosed TK, **TR** and **X** FB.
TL for 75M THRU cemetery. Pass wooden gate to RD.
- 7 **TR** along RD 200M to junction. **TR** for 250M ignoring first FPS, and **TL** at next FPS
onto TK. Follow TK for 500M passing Troys Hall. TK becomes green & enclosed for
600M THRU bends and THRU metal gate.
- 8 CONT 100M, **TL** on concrete track and CONT 1100M to Maltings Farm and RD.
(**X ROAD VERY CAREFULLY**) **TL** for 70M. **TR** at FPS (signed 'Whiteways').
CONT 250M to 'Whiteways', bear **L** at fence and **X** grass 50M to WM.
- 9 THRU gap, CONT straight ahead (initially with hedge on **L**) 350M to **X** FB.
TL (with hedge on **R**) for 250M. **X** FB and **X** ST.
CONT for 200M to **X** ST. CONT 150M along drive, THRU KG and CONT to RD. **TR**
for 30M to FPS (on your **L**). **TL** along lane for 300M to Fambridge Farm. (**TAKE
CARE – tricky here**) Bear **L** to pass in front of house, barn to **R**, and bear **L** again
onto grass **TK**, passing fence & barn. CONT for 200M to TK junction (WM). **TR** for
100M and go under railway bridge.
- 10 CONT along TK (hedge on **L** at first) for 150M. Then with hedge on **R** for 250 M and
finally with hedge on **L** for 500M to Newbarns Farm. At WM **TL** THRU hedge and
TR to RD. **X** RD (**TAKE CARE –VERY FAST/DANGEROUS ROAD**).
TL on pavement for 200M to **FPS** in hedge and **TR** on initially gravelled path.
CONT with hedge on **R** for 125M (very rough + holes) then onto path across field for
400M to finish at RD by Cressing Church. **Map Ref: TL 795204**
Revised 27 July 2005 (Dave Game)

ESSEX WAY STAGE 5 - CRESSING to GREAT TEY (9.4 miles)

START - CRESSING CHURCH (Map Ref: TL 795204)

Key

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All distances are approximate**

- 1** From FPS, follow TK 200M (church on **L**) to **X** earth bridge. CONT 200M in same direction & pass under power lines (twin poles on **L**).
CONT 150M on TK as it bears **R** to WM (by white 'DOGS ON LEAD' sign).
CONT ahead 40M on field edge TK to WM.
TL and follow broad grass TK 100M to WM.
CONT ahead 200M on gravel TK (becoming cement), passing pond on your **L**, to RD.
- 2** **TR** and follow RD 250M (**carefully**) & **X** RD to FPS on **L**.
TL and CONT ahead 60M on broad grass TK to field.
TL and CONT 250M on TK (hedge on **L**) to edge of field and **TR** THRU gap ahead.
CONT 300M on field edge (hedge on **R**) to WM.
TL and **X** field 250M aiming for WM at **R** end of hedge opposite.
- 3** **TR** at WM for 200M on field edge (ditch on **L**) to WM at gap in hedge.
CONT ahead 100M (hedge on **L**) to WM directly under power lines. **TL** THRU gap.
CONT ahead 300M on field edge (hedge, later ditch, on **R**) to TK junction & WM.
TR & CONT 200M (ditch on **L**) to corner of woods. CONT ahead 250M to lane.
- 4** **X** lane and **TL** for 15M to FPS.
TR to follow narrow enclosed TK (later wider & more open) for 150M & pass **THRU** wooden barrier. **X** quarry RD **CAREFULLY** & pass **THRU** another wooden barrier.
CONT straight ahead 80M to WM (by twin power poles).
CONT ahead 250M on wide TK to go under power lines & **THRU** gate to FPS at RD.
- 5** **TR** uphill on RD 250M to FPS on **R** (at sharp **R** RD bend). **TL** onto wide TK.
Follow TK 70M (hedge on **L**) to WM.
TR & follow TK along field edge with wire fence on your **L**. At end of fence aim for **L** end of red quarry buildings 600M distant. (**3 miles**)
- 6** Go **L** of quarry fence 300M to WM at end of fence. **X** RD diagonally to power pole.
TR to follow grass TK 200M (wire fence on **R**) to WM ('DOGS ON LEAD' sign).
TL & CONT 200M (hedge/ditch then wooden fence on **R**) to WM at TK junction.
TR and follow TK 100M to WM at next fence corner.
TL on wide TK for 1600M. Pass buildings & reach RD at **Coggeshall**.

- 7 **X** RD to FPS. CONT ahead 400M down **ABBEY LANE** to FPS just past church. At '**Abbey Only**' sign CONT straight ahead 150M, between buildings, & **X** bridge. CONT 60M to WM (on **L**). **TL** between ST and electric fence. CONT 250M up **L** edge of field (hedge/ditch on **L**) to concrete lane, WM & ST. **X** ST & CONT ahead 200M, on **L** edge of field, 'til fence level with twin pine trees, go thru **KG** on **L**. CONT 100M (same direction) to wooden gate & FPS by RD. **X** RD (**CAREFULLY**) and **TL**.
- 8 CONT 60M to narrow gate (on **R**) at end of low wall/hedge. **TR** 130M up field keeping hedge close on your **R**) to red dog loo & WM. Briefly bear **Rish** & follow path 200M to RD. **TR** 130M to roundabout. **TR** 200M to bottom of hill. **X** RD & **TL** **THRU** wooden gate.
- 9 CONT 100M on narrow TK to field. Ahead 80M **X** field to WM. CONT ahead 200M on TK (hedge on **L**) to FPS. Climb steps to RD (**A120**). **X** RD (**GREAT CARE**) slightly **Lish** to go down steps nearly opposite & **X** ST.
- 10 CONT ahead 300M on field edge (ditch on **L**) to TK junction just after leaving field. CONT straight ahead 600M on TK (ditch/hedge on **L**), to leave field by gap at **L** end of hedge, to TK junction. **TL** 15M to WM. **TR** and follow field edge 200M (ditch on **R**) at end bear **R** to FPS and lane. (**7 miles**)
- 11 **X** lane, **TR** for 20M, & **TL** onto TK – leads to WM after 20M. CONT 200M on grass TK (reservoir bank on **L**) to WM just round bend. CONT ahead 200M same direction (hedge/ditch on **L**) 'til TK switches to **L** of hedge. CONT 200M (hedge on **R** now) to WM and TK switches hedge sides again. CONT 300M (hedge on **L** again) to FPS by lane.
- 12 **TR** on lane for 100M to FPS (hidden!!) on **L** (past cream house). **TL** for 80M on wide enclosed TK to field. Follow field edge 450M (hedge on **L**) to WM at TK junction. **TL** & **CONT** 40M (hedge on **R**) to WM on **R**. **TR** and **CONT** 500M (hedge/ditch on **L**) to field corner & **X** wooden FB directly ahead of you. **CONT** 40M (hedge on **L**) & **X** FB on **L** (with metal handrail) to WM.
- 13 **TR** & **CONT** 200M (ditch on **R**), as field bears **L** then **R** to WM. **TL** at WM & follow wire fence 200M to WM & FB. **X** FB & **TR** (church ahead). CONT 200M (hedge/ditch on **R**) then **X** field to FB. **X** FB. CONT 200M, on narrow enclosed TK, (**MIND LOW BRANCHES**) passing sewage works & emerge at field.
- 14 CONT 150M ahead (towards church), following power lines, to concrete lane. **X** lane to narrow enclosed TK opposite. CONT 100M bearing **R** at path junction to WM just before field. CONT 100M up **L** edge of field to *finish at wooden gate.

ESSEX WAY STAGE 6 - GREAT TEY TO WEST BERGHOLT (5.7 miles)

START - CHEQUERS PUB (Map Ref: TL 892258)

Key

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All distances are approximate

- 1** (Pub on your **R**) Go 100M down RD to RD junction. **X RD CAREFULLY.**
TL and **CONT** 120M down **CHAPPEL ROAD** to RD junction.
CONT 200M along pavement in same direction (signed '**CHAPPEL**') 30mph sign.
20M on **TR** at FPS (may be hidden by growth) immediately after ornate stone fence.
- 2** **CONT** 200M on narrow path, becoming narrow **TK**, to **ST**. **X ST.**
CONT 250M along field edge (hedge on **L**) to **WM** at corner of field.
TL to **X ST** & **X** earth bridge. **CONT** 250M (hedge on **R**) bearing **L** to **WM** in hedge.
TR THRU gap in hedge & down steps to enclosed green lane.
- 3** **TL** and follow green lane 150M until it is no longer enclosed. **CONT** 30M to **FPS**.
TR to another **FPS**. **CONT** ahead 80M on enclosed **TK** to **WM** at its end (on your **R**).
TR up earth steps and immediately **TL**. Follow field edge 80M (hedge on **L**) to gap in
hedge and **WM**. **THRU** gap and **CONT** (hedge on **L**) 300M down field edge to exit at
FPS.
- 4** **CONT** 10M & **TR** onto gravel **TK**. **CONT** 60M on **TK** to railway bridge.
X railway bridge and **CONT** 100M to '**BACONS FARM**'.
CONT ahead 20M (low farm buildings on **R**) & **TR** (still on the **TK**).
CONT 30M to metal field gate (on **L**). **TL** & go **THRU** small metal gate.
Follow **L** edge of field (hedge/wire fence on **L**) 300m down to **WM** at concrete bridge.
Important note - there is no diagonal footpath across this field
- 5** **TR** and **CONT** 200M (river on **L**) to go **THRU** metal gate and **X FB**. **(2 miles)**
CONT 250M (river still on **L**) to **X** ditch by earth bridge (Oak tree on your **R**).
CONT ahead 300M 'til **TK** bears **R** away from river for 20M (opposite white house).
Bear **L** again (parallel but not beside river). **CONT** 750M (hedge on **L**) to **TK** junct.
CONT head 80M in same direction (hedge **L**/nursery **R**) to next **TK** junction.
CONT ahead 50M (hedge **L**/nursery **R**) to concrete WWII pill-box.

- 6 CONT 50M **X** lawn (river on **L**) & 200M on narrow riverside TK to wooden fence.
TR between fences 20M then **TL** over **FB** & follow narrow TK 100M to **RD**.
X RD EXTREMELY CAREFULLY. **TL** for 60M & **X** bridge to pub car entrance.
TR (pub on **L**, sorry!!) & **X** pub car-park to grass.
CONT 20M **X** grass to narrow TK (river on **R**). Ahead 30M, **X** earth bridge, to field.
- 7 **TR** and follow field edge 200M to bear **L** at power pole.
CONT ahead 300M on field edge (trees away to your **R**) to next power pole.
CONT ahead 300M on field edge (river on **R** again) to pass through gate to **FPS** by **RD**. (**4 miles**)
X road very slightly **Lish** to gap in hedge almost opposite. **TAKE CARE**
- 8 Pass **THRU** gap in hedge & up steps.
Follow field edge (hedge on **L**) 150M & **X** to other side of 'hedge'.
CONT ('hedge' on **R** now) past **WM** following field edge 300M to **X FB**.
CONT 200M (same direction) to **FB** over river. **DO NOT X THE RIVER**
CONT ahead (same direction) **Xing** over metal **FB**.
- 9 CONT following TK through trees 200M to small metal gate. (**Warning – can be tough!!**)
THRU gate & CONT 350M on field edge (hedge on **L**) to **WM** by metal field gates.
Pass **THRU** gates & **TR**. CONT 150M following TK down field to gap.
CONT ahead 180M on very clear TK to pass ruined red brick building & come to **ST**.
- 10 **X ST**. CONT 450M on TK, later uphill, to pass barn then **THRU** metal gate in front (slip 'T bar' through chain to undo).
CONT ahead 50M on concrete TK to hay barn (corrugated rounded roof).
Bear **L** 60m uphill to **WM** on power pole.
TL 15M on wide TK & **X ST** (by metal field gate).
- 11 CONT 400M on TK following power lines to **WM** (in front of power pole).
X ST (or thru' gate) & CONT 150M (hedge on **L**) to pass **ST** (on your **L**).
40M on **X ST**.
- 12 Follow edge of field (wire fence on **L**) 50M to **ST** on **L**.
X ST & **TR** to finish by the *church.

* **Map Ref: TL 953281**

Revised August 2005 (Clive Hopkins)

ESSEX WAY STAGE 7 - WEST BERGHOLT - DEDHAM (11.2 miles)

START - ST MARY'S CHURCH, WEST BERGHOLT (Map Ref: TL 953281)

Key

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; KG = kissing gate.**

All distances are approximate

- 1 TR** past church at WM onto narrow TK (hedge on L) following direction of overhead power cables. CONT 200M to emerge onto wide TK.
50M on TL and CONT following power cables (where main TK bears R).
At WM CONT ahead on narrow TK 100M to RD.
- 2 X RD** and CONT straight ahead on NEW CHURCH ROAD for 550M to end of RD.
X RD (to CO OP) and TL. CONT 200M to RD junction (roundabout).
BEAR R for 50M and **X RD** into ARMOURY ROAD.
- 3 CONT** down ARMOURY ROAD for 500M to FPS on L (just before black half-timbered farmhouse). TL passing farmhouse (now on your R) for 50M and **BEAR R** into field. CONT 100M on field edge (hedge then ditch on R) to broken WM.
- 4 TL** and follow TK uphill over field (poplar tree just visible over the top) then down for 250M to **X FB**. CONT straight ahead 300M to other side of next field and WM.
TL and **X** earth bridge to WM. Here **TURN HALF RIGHT** (aim for corner of orchard) and **X** field *diagonally 200M to meet grass TK near WM. TL on TK and CONT 60M to meet tarmac lane. (***If field difficult to X go round the R edge.**)
- 5 TR** and follow lane for 100M out past farm buildings and white gate. CONT straight ahead for 600M to main RD (A134). TL and CONT (HALF BUTT INN on your L) for 500M to 'BOXTED 2' road sign. Here **X MAIN RD VERY CAREFULLY** into IVY LODGE ROAD and CONT for 400M to bottom of hill and FPS just after white SAXON HOUSE sign on L. (**3 MILES**)
- 6 TL** at FPS THRU metal barriers and CONT 350M on narrow TK to ST (wooden fence on your R). **X ST** and CONT ahead on lane (pass lake on your L) for 650M, following line of overhead power cables. Just after passing under the power cables, **TR** (to pass under them again by WM) and CONT on this lane for 550M to where lane turns R just before the woods. At WM here go straight ahead to enter the woods.

- 7 Follow well defined narrow TK ahead about 100 until TK bears sharply R. AT EXACTLY THIS POINT CONT STRAIGHT AHEAD (i.e. – in the same direction you have been travelling) on a less well defined TK. (DO NOT come out onto the fields on either side of the wood). You shortly come to a WM. At WM BEAR L out through lorry park and past buildings to RD.**
- 8 TL at RD for 200M to RD junction. TR into HOLLY LANE. CONT down HOLLY LANE 900M to near the end. After passing white cottage (HOLLY LODGE COTTAGE) on your R, TR at white ‘THE HOLLIES’ sign. CONT for 70M between barns, nearer to wooden buildings on your R, X 30M of grass and CONT straight ahead at the WM.**
- 9 Ahead on field edge (wide dirt TK) for 450M to hedge/ditch at very far end of field. At WM here TL and continue (hedge/ditch now on your R) for 150M to RD. (4.9 MILES)**
- 10 At RD (FPS) TR for 100M to wooden FPS on L by ‘CARTER’S VINEYARD’ sign. TL and follow wide TK 200M to pass black wooden vineyard buildings (on your R). Here BEAR L and CONT on grass TK 250M before Xing to other side of hedge by FB at WM. CONT same direction as before (ditch on your L) 100M to RD opposite ‘KERSEYS’.**
- 11 At RD TR and CONT 250M (past WET LANE) to road signs. TL (signed NAYLAND) and CONT 250M to wooden FPS just after BOXTED HALL entrance.**
- 12 At FPS TR and follow wide TK for 150M past wooden farm buildings. At TK junction BEAR R for 75M and just past more wooden farm buildings (directly opposite pink cottage) TL towards WM and follow field edge 200M to RD by Boxted Church. (6.2 MILES)**
- 13 EITHER:** Go through churchyard – there is a water tap by the front gate – and TL at the RD.
OR: TL towards the blue school gate. TR and follow narrow TK for 75M to RD. TL at the RD.
- 14 CONT ahead on the RD for 1000M and when it eventually starts going downhill TR at FPS just past pinkish cottage on your R (CHASE COTTAGE).**
- 15 CONT ahead following wide TK which soon goes downhill for 150M then uphill (lake on your R initially) another 500M to FPS on R just before small white ‘PRIVATE’ sign. FORK R here and CONT to end of large metal building. TL and CONT (wooden farm office on your R) to FPS just past black fuel tanks. TL and follow field edge as it bears round R at FPS. CONT 100M to FPS and exit field THRU gap on left by wooden gate.**

- 16** CONT straight **X** grass triangle and ahead on RD for 500M to FPS on **R** by wooden gate (just before L bearing bend in RD).
X fence and CONT ahead to **X** field for 300M aiming for 1st (sticking out!) corner. Follow edge of field (hedge on your **L**) for 100M passing pinkish house and **TL** THRU gap to enter gravel lane.
TR and CONT 100M on lane to reach RD.
TL at RD for 30M to FPS on your **R**. **(8.1 MILES)**
- 17** **TR** and **X** field for 400M aiming for 3 small trees straight ahead.
At WM (just before 1st tree) CONT ahead (ditch on **R**) 150M to next WM.
X FB and then **X** field (slightly leftish) for 350M aiming just to **R** of telegraph pole and then aim for red brick lodge. Exit field by FPS at RD and **X** the RD.
- 18** CONT ahead on tarmac TK (beware speed bumps) 200M to TK junction. Bear **L** for 40M and **TR** to **X** 2 STs and FB. **X** field, bearing slightly **L**, aiming just to **L** of group of trees ahead and **X** ST.
- 19** CONT ahead 300M on field edge (trees on **R**) to where hedge starts. CONT ahead 100M with hedge on **L** to WM by gap in hedge. **TR** uphill following wide TK for 100M to start of wooden fence. CONT ahead on wide TK (fence on **L**) for 250m to pass LANGHAM CHURCH. **(9.4 MILES)** 100M on, at end of next wooden fence and opposite metal gates, **TL** and CONT on tarmac drive (with church on your **L**). CONT 650M to exit drive via ornate gates (use small gate on **L**) to RD.
- 20** **TL** and follow footpath downhill 150m.
TR just before large black/white arrows (chevrons) and **X** road bridge.
TAKE GREAT CARE WHEN CROSSING THE ROADS
CONT downhill 100M and **TL** into hotel entrance (signed 'MILSOMS' on **L**).
- 21** Follow drive for 50M to end of hedge (on your **R**).
TR here (directly opposite start of the building). Follow TK downhill THRU trees for 75M to **X** ST.
- 22** CONT ahead 75M with river on **L** to pass THRU KG.
CONT ahead (river still on **L**) 200M to wooden gate. **(Church is now your target)**
X BOTH STs. **TR** (hedge on **R**) for 200m then **TR** THRU KG.
TL & CONT ahead on good TK by field edge, church in the distance (hedge/trees on **L**) for 250M to farm.
Follow TK (farm on **L**) and CONT ahead on wide TK 150M to the RD.

TL at RD and follow for 200M to finish at *war memorial (just past church).

*** Map Ref: TM 058332**

Revised – Aug 2003 (Grange Farm/Robert Teer)

Checked July/Aug 2005 (Clive Hopkins/Keith Pickles/Linda Clampett/Dave Dutton)

ESSEX WAY STAGE 8 - DEDHAM - BRADFIELD (8 miles)

START - WAR MEMORIAL, DEDHAM (Map Ref: TM 058332)

Key

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; KG = kissing gate.**

All distances are approximate

- 1 **TR** at war memorial. Follow narrow gravel TK 200M to FPS just past brick pavilion. **TR** for 50M on field edge to just before red dog loo. **TL THRU** gap and **X ST**. Straight ahead 100M over field and **THRU KG**.
Straight ahead 100M over field and THRU KG.
Straight ahead 100M over field to **X ST** and **X FB**.
- 2 After 20M TK forks – take **L** fork and **X** field diagonally 100M to **X FB** and **X ST** by stream. **CONT** ahead up **R** edge of field 100M to corner and **X ST** by FG. **X** over small lawn and **THRU** metal gate.
TL for 30M passing in front of pink cottage and **THRU** small wooden gate.
- 3 **CONT** ahead on lane 50M to RD.
TR on RD for 175M to pass white house (on your **L**) ‘HUNTER’S MOON’. Immediately **TL** onto gravel lane for 35M and **TL** 20M over brick paved driveway to WM. **TR** at WM and follow narrow TK 70M to **X ST**.
- 4 **CONT** ahead as TK bears uphill and **X** field diagonally 100M towards thin poplar tree. **X ST** by FPS to RD. **TR** on RD for 100M and **TL** into Anchor Lane.
- 5 After 30M **CONT** ahead on grass TK for 50M to WM by KG.
CONT ahead on TK to **X** field 200M & go **THRU** wooden gate & **X FB**.
CONT 150M, with wire fence on **L**, to go **THRU** wooden gate. **CONT** 100M (hedge on **R**) & go **THRU** KG. **CONT** 100M downhill, wooden fence on **R**, to go **THRU** wooden gate.
CONT 50M downhill & go **THRU** KG to RD.
- 6 **TR** uphill 100M on RD, bear **R** round bend, and 50M on come to FPS on your **L**. **TL** to **X** ditch and ST. **X** field diagonally **R** 150M to **X ST** & ditch by FG to RD. **X** RD slightly **R** to FPS. **TL** over ditch & follow narrow enclosed TK 50M to **X ST**. **CONT** 100M between wooden fences to **X ST**, **X** wide grass TK, & **X** another ST. **CONT** straight across field 200M downhill (wooden fence parallel 20M to **R**) to ST by **YELLOW DANGER SIGN**. **TAKE GREAT CARE HERE (2 miles)**
X ST, **X 2nd ST**, and **X** railway line. **X ST** after railway and then **X ST** & **X FB**.
CONT 150M uphill (**ignore** side TKs) on main TK to emerge at WM & gravel TK.

- 7 **TL** & follow gravel TK 400M to TK junction. **CONT** ahead bearing **L** round bend and then 100M on to bear **R** at next bend (ignore farm entrance on **L**). **CONT** 100M downhill to pass **THRU** wooden gates (on **R**) just past cottages.
Follow **R** field edge (hedge on **R**) 200M passing wooden power pole to metal gate.
THRU FG (mind the goose!!) and ahead 20M on grass TK to RD.
- 8 **TR** on RD 300M to **R** bend. Just round bend **TL** at FPS **THRU** wooden gate.
300M on gravel TK to **X** ST on **R** (by FG). **X** field half **L** 100M & **X** ST.
10M on **X** 2nd ST. **TL** 20M to RD. Enter LAWFORD CHURCH yard by gate.
CONT with church on **L** to TK junction and bear **R** 30M. **(3.3 miles)**
- 9 Bear **L** downhill 250M in middle of field (aiming for **L** end of tall hedge) & **X** stream by earth bridge. **TL** 30M to pass ST and **CONT** round & uphill (keep woods on your **R**) 100M to go **THRU** metal KG on **R**. **TL** 150M on wide TK to main RD.
X RD **VERY CAREFULLY** & **TL** downhill 50M to FPS by red dog loo.
- 10 **TR** & follow dirt/grass TK downhill (**BEWARE OF HOLE**), bear to **R** at big tree to **X** FB then **CONT** uphill bearing **R(ish)** 150M to pass ST near red dog loo.
CONT **Half R** 150M **X** field on dirt TK to corner of wire school fence.
TL onto tarmac path (wire fence on **R**). Follow 500M to FPS by RD.
- 11 **X** RD & **CONT** (railway on **L**) down then uphill 300M to **TL** over railway bridge at TRINITY ROAD. 50M on **TR** into SOUTH STREET. **(4.7 miles)**
Follow South Street 350M down to the very bottom by blue 'JEWSON' sign.
TR 200M to RD junction. **CONT** on pavement (river on **L**) for 650M to MISTLEY TOWERS. 150M up hill, just past 'THORN HOTEL', is EDME factory on **R**. **TR** here passing along the whole length of the factory (on your **L**).
- 12 **THRU** gap in wire fence (WM) & **TR** for 20M - **TL** at WM **THRU** tunnel.
Exit **THRU** white KG. **X** field slightly half **R** (almost parallel to power lines) for 250M to go **THRU** metal KG by WM. **X** lane and immediately go **THRU** 2nd metal KG.
- 13 **CONT** 200M straight across field (aim for wooden power pole) to ST by WM.
Do NOT **X** the ST. (6.1 miles) **TL** (barbed wire fence on **R**).
CONT for 30M & **X** earth bridge over river. Then **THRU** KG (between hedge & wire fence). **TR** & **CONT** 50M with woods on your **R** to **X** ST by WM.
- 14 **CONT** ahead (ignore TK to **L**) bearing **R** initially uphill & follow main TK through woods for 500M (**concrete posts/wire fence will be on your immediate L nearly all the time**). After leaving main woods **CONT** to end of concrete posts & then **CONT** 500M straight ahead (aiming for power post and wooden end of building) to RD by FPS. **(7 miles)**
- 15 **X** RD carefully & **TR** 40M to cottage (WYMARKS). **TL** at FPS & **X** ST.
Follow **R** edge of field 100m & **X** ST. **CONT** 30M to field.
Absolutely straight 600M across field to **X** FB over ditch.
CONT 300M straight over next field (towards power post) and go **THRU** hedge.
CONT same direction 400M over field (power poles parallel 75M to **R**) to lane.
TL at lane & follow for 500M to finish at T junction at the *end of MILL LANE.
***MAP REF: TM 144307 (Rev July 2005(Vic Pridmore, Dennis Edwards,Robert TEER)**

ESSEX WAY STAGE 9 - BRADFIELD TO RAMSEY (5.3 miles)

START - BRADFIELD COMMUNITY CENTRE (Map Ref: TM 144307)

Key

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; KG = kissing gate.**

All distances are approximate

- 1** Follow pavement 150M towards pinkish house to war memorial (on your **R**).
X RD, TR, and follow pavement until it runs out.
CONT **with care** round **R** hand bend to FPS at end of wooden fence (on your **L**).
TL 30M on narrow dirt TK & THRU gate.
CONT 600M **HALF Rish X** fields aiming for railway bridge.
Pass under railway bridge and turn **HALF R** to **X** next field 350M diagonally to WM.
- 2** **TR** (hedge/bank on your **R**) for 400M on (boggy??) grass TK to old tree stumps.
CONT ahead 100M to start of trees. CONT 40M to wooden rail type fence.
TR 20M to WM and on 20M more to tarmac TK.
TL (hedge on **L**) and follow TK 200M to WM by TK junction. (ignore WM with white arrow).
CONT ahead 150M and TK bears **R**. CONT 30M to WM by TK junction.
- 3** **TL** 40M down 2 flights of steps to WM.
TL just past WM for 40M (past gate) on gravelly TK to WM by FB.
X FB and CONT 30M to climb steps to WM.
TR and follow seawall 150M to FPS (on your **R**).
- 4** **TR** down steps and immediately **TL** at FPS THRU wooden barrier.
Follow wide grass TK 800M uphill to pass house and reach WM (just before power pole). **TR** 20M and **X ST** to FPS at RD. **(2 miles)**
- 5** **TL** and follow RD 200M uphill past houses to Wrabness Church.
CONT 120M on RD to FPS (on **L**) by ‘**STONE LANE CARAVAN SITE**’ sign.
TL 500M down gravel lane eventually passing caravan site (on **L**) to WM at end of lane (by metal gate). **TR** and follow field edge 150M (wooden buildings/hedge on **L**) to metal field gate.
At metal gate bear **L** on obvious TK & climb bank up to seawall.
TR & CONT 400M on seawall TK to FB.

- 6** X FB and immediately TL to follow TK 130M (woods on R) to WM just after exiting woods. CONT ahead 250M to WM (near house).
THRU green gate, X FB. Ahead 40M on gravel TK to THRU green gate & X FB.
CONT ahead 700M (woods 100M parallel on your R) to X FB to RSPB reserve.
- 7** Up steps and SA 25M to TK junction by WM.
Bear L & CONT 200M to X FB.
Bear R uphill 180M to 'T' junction with TK ahead.
Bear L 40M to WM. Pass THRU wooden barrier & X railway bridge.
CONT ahead 350M on wide grass/dirt TK (ignore side turnings) to pass metal field gate to main RD. **TAKE GREAT CARE NOW** (4.2 miles)
- 8** X RD and TL following RD 350M to FPS (just after passing under power lines).
TR and follow TK 300M to pass under power lines.
50M on CONT ahead (**Do not TL to ruined farmhouse/communications tower**).
CONT 130M (pond on L) to WM (broken/missing?) by L end of facing hedge.
- 9** CONT ahead 150M on TK to X ST.
TL and CONT 75M (hedge on L) to X ST.
CONT 60M and X ST. CONT 100M (same direction) & X ST into paddock.
(You may encounter 4 legged friends)
X paddock diagonally and X ST in opposite corner.
CONT HALF R 50M to WM by windmill.
- 10** TL and CONT 200M along field edge (hedge on R) and eventually bearing R down to RD at RAMSEY. TL 150M along RD to receive your reward at *'THE CASTLE' pub!!

* Map Ref: TM 212305

Revised 27 Jul 2005 (Jonathan Burls, Dennis Edwards, Robert Teer)

ESSEX WAY STAGE 10 - RAMSEY TO HARWICH (5.5 miles)

START - CASTLE PUB, RAMSEY (Map Ref: TM 212305)

Key

**L = left; R = right; TL = turn left; TR = turn right; X = cross over;
CONT = continue; THRU = through; ST = stile; WM = waymark;
FPS = footpath (or bridleway) sign; FB = footbridge (normally wood);
TK = track; RD = road; KG = kissing gate.**

All distances are approximate

- 1** With pub on your **L**, follow RD 20M to RD junction and **TR**.
CONT 100M to large roundabout.
TL 20M to end of barrier and **X** road **WITH GREAT CARE**.
CONT ahead 40M (barrier on **R**) and pass hall (on your **L**).
CONT uphill 40M on pavement and **X** road to FPS at **L** of '**KINGDOM HALL**'.
- 2** CONT ahead 30M on TK & **X** FB.
TL and go 100M uphill (hedge on **L**) to corner (**do not bear L now**).
CONT straight ahead (same direction) 150M uphill over field aiming to **L** end of trees ahead.
CONT ahead 300M (trees/hedge on **R**) to WM in corner of field.
- 3** **TR** & **X** FB. **TL** and CONT 150M straight ahead to pass under power lines.
30M on **TL** and CONT 70M to start of hedge.
CONT 100M (hedge on **R**). CONT straight ahead 100M (**LITTLE OAKLEY MEMBERS CLUB** on **R**) to FPS by main RD. **TAKE CARE HERE**
- 4** **TL** and CONT 100M to just past wooden bus shelter.
X RD to FPS.
Go **THRU** wooden gate & follow TK as it quickly bears **L** & **R** then sharp **R** onto cinder TK.
CONT 450M on TK (hedge on **L** initially) to WM at TK junction.
TL 100M along field edge (ditch on **R**) to WM.
- 5** **TR** and CONT 170M along field edge (ditch on **R**) to FB.
X FB and CONT 200M (hedge/ditch on **R**) to end of hedge.
CONT (same direction) 100M **X** field to WM.
CONT ahead 700M on field edge to WM up on bank ahead. **(2.2 miles)**
- 6** Go up bank to top of seawall and **TL**.
CONT 600M (creeks mainly on **R**) 'til TK bears **R**).
CONT 800M (cranes in distance) passing by caravan site (on your **L**) to reach twin short concrete posts – just as TK becomes tarmac.

- 7** CONT 500M ahead to TK junction. Bear **R** 100M to water's edge. **(3.5 miles)**
Bear **L** on TK following water's edge 450M to beach huts.
TR on promenade RD and CONT 1000 to twin lighthouses.
- 8** CONT 1000M, still following water's edge, to start of more beach huts.
CONT 150M to end of beach huts.
CONT 200M (path now narrow) round the headland and past the breakwater.
- 9** CONT 600M (metal security fence on **L** at first) to lighthouse (**MARITIME MUSEUM**).
CONT 150M to the old wooden **HARWICH CRANE** (on your **L**).
- 10** **TL** (crane now on your **R**) & CONT 100M (houses on **R**) to finish at *High Lighthouse (now **NATIONAL VINTAGE WIRELESS AND TELEVISION MUSEUM**).

*Map Ref: TM 261325

Revised 27 Jul 2005 John (Harwich Runners)