

## 24th Ingatestone '5' 23rd September 2007

1.	C Bloomfield	B'icay	25.44	61.	L Daniel U/A		32.17
2.	D Laughlin (40)	Thrift Gn	26.32	62.	G Meadows	Bounville	.17
3.	G Chandler	S'field	.35	63.	P Binns(60)	Sothend	.19
4.	P Molyneux	"	.50	64.	I Pike	Benfleet	.22
5.	I Campbell(40)	Ilford	27.00	65.	D Adkins U/A		.25
6.	P Dobson (40)	S'field	.04	66.	J Syrratt(40)	Thurrock	.27
7.	P Whittaker (18)	S'end	.11	67.	L Miles U/A		.34
8.	A Livingstone	Thurrock	.21	68.	A Marsh	S'field	.34
9.	P Wyatt	B'icay	.30	69.	J Cordwell (L)	"	.44
10.	K Harris	S'field	.39	70.	K Anagnodtow U/A	"	.55
11.	W Tamlyn	Grange FM	28.06	71.	A Taylor (50)	"	.56
12.	M Bland (40)	Hav'ing	.08	72.	J Luck	Harlow	33.16
13.	C Pinilla (19)	Ilford	.12	73.	S Burr(40) U/A		.20
14.	R O'Sullivan	Wood. Gn.	.20	74.	J Palmer (L45)	Benfleet	.27
15.	S Ward (L)	Benfleet	.27	75.	R Scott (40)	TGT	.33
16.	K Jacob(40)	B'icay	.33	76.	A Thomson(40)	Hav.'90	.36
17.	M Crook	S'field	.35	77.	N Taylor	"	.37
18.	J Green(40)	Thurrock	.38	78.	A White	Benfleet	.47
19.	D Butler(50)	B'icay	.40	79.	S Dunn	Eton Manor	.48
20.	S Desborough(40)	Benfleet	.44	80.	T Dawson(60)	Benfleet	.55
21.	J Mancer	"	.52	81.	B Nordin (L45)	Ilford	34.00
22.	G Booty	"	29.00	82.	C Moody (50)	Harlow	.04
23.	I Anthony	Hav'ing	.13	83.	K Flower	Hav.'90	.04
24.	J Barker(40)	Thrift Gn	.21	84.	L Latham (L)	Benfleet	.06
25.	L Martin U/A		.26	85.	S Sivapitchai(L)	Harlow	.06
26.	C Thomas	Greenwich	.30	86.	T Hull(L45)	Grange FM	.08
27.	M Deasy (L35)	Col & Tend.	.36	87.	D Ayling	Harlow	.11
28.	A Mead (40)	Benfleet	.38	88.	G Newton(50)	Benfleet	.13
29.	A Broughton (40)	Harlow	.40	89.	K Adams	Eton Manor	.15
30.	M Whittaker(40)	Benfleet	.51	90.	J Prail	S'field	.20
31.	D Norman(40)	S'field	.53	91.	S Burr U/A		.34
32.	A Squire	B'icay	.56	92.	C McDowell(60)	Hav. '90	.39
33.	M Chester	Hav'ing	30.12	93.	no name		.40
34.	A Morris(40)	Benfleet	.21	94.	M Purkiss U/A		.42
35.	M Staines	Thurrock	.22	95.	S Nel (L35)	Benfleet	.47
36.	S Cohen	Benfleet	.26	96.	J Haigh	Harlow	.47
37.	A Duncan(40)	Eton Manor	.27	97.	D Keeley	Hav.'90	.56
38.	R Ricketts(40)	Harlow	.32	98.	E Raeve (L)	S'field	.58
39.	J O'Connor	"	.34	99.	J Steadman	Harlow	35.00
40.	P Oatham(40)	Thurrock	.36	100.	D Cox U/A		.03
41.	R Steven (50)	Harlow	.36	101.	G Thomas(40)	Harlow	.05
42.	A Clark(40)	B'icay	.37	102.	K Walker (60)	B'icay	.09
43.	N Crisp(40)	Ilford	.37	103.	S Ambrose(40)	Harlow	.11
44.	M Oxlade (L)	S'field	.42	104.	A Terrall	"	.12
45.	P Adkins U/A		.47	105.	D Hipperson	Benfleet	.15
46.	B Longman(40)	Tri Sport	.51	106.	I Lawson (40)	Grange Fm	.26
47.	A Britan (15)	Benfleet	31.04	107.	L Harrison	B'icay	.36
48.	A Coleman	B'icay	.12	108.	A D-Watts	Witham	.37
49.	J Tyler (40)	Hav.90	.14	109.	C Howard (L35)	B'icay	.48
50.	J Russell	Thurrock	.27	110.	A Stuskey	Witham	.48
51.	K Steed(40)	Benfleet	.28	111.	C Peppiatt(L)	Benfleet	.52
52.	J Tennant (50)	Harlow	.30	112.	N Jolley U/A		.52
53.	M Jackson(40)	Mid Essex	.36	113.	L Tanner (L45)	Col & Tend.	.54
54.	M Gibbs(40)	Chelms.	.40	114.	J Reynolds (60)	Castle Pt.	.36.11
55.	R Steven(50)	Harlow	.46	115.	P Martin	Woodson P.	.12
56.	P Tullett(40)	Chelms.	.52	116.	G Mather (50)	Benfleet	.13
57.	C Frazeley(40)	S'field	.57	117.	C Messenger (L35)	N Herts.	.16
58.	B Thorpe (50)	Chelms.	32.05	118.	J Arthur(40)	Thurrock	.18
59.	W King(L35)	"	.11	119.	I Hall U/A(40)		.19
60.	K Porter	B'icay	.15	120.	D Enders U/A(40)		

121. B Barber	Woodson P.	36.22	181. J Burtonshaw (L35)	Benfleet	39.15
122. M McColgan(50)	Harlow	.23	182. N Triggs (L)	"	.15
123. D Sweet(40)	B'icay	.27	183. R Duffield(60)	Tiptree	.15
124. J Pardon (L55)	"	.32	184. D Skinner (50)	Hav '90	.30
125. T Lamotte	"	.32	185. N Kriszewski(40)U/A	"	.34
126. R Farrance (60)	TGT	.34	186. C Hartleacky(40)	Hav '90	.37
127. J Wheeler(40)	Benfleet	.34	187. M Purkiss (40)U/A	"	.37
128. V Primnor	Hav.'90	.34	188. T Alexandrou(35)	S'field	.37
129. J Baker (40)	S'field	.38	189. D Prior	"	.37
130. L Stuskey (L)	Witham	.39	190. R Holmes (L)	TGT	.42
131. S Dale (L45)	Hav.'90	.41	191. no name	"	.44
132. C Sunderland(L)	Chelms.	.43	192. V McCloud (60)	Benfleet	.44
133. A Frith	Benfleet	.44	193. G Scott (50)	TGT	.48
134. J Summers (L35)	N Herts.	.46	194. E Mole (L)	Hav '90	.49
135. D Harrington U/A	"	.48	195. S Outen U/A (L35)	"	.55
136. J Fenton(50)	Hav.'90	.48	196. J Timbrall (L)	TGT	.58
137. D Stanley (50)	Orion H	.51	197. K Gregory	"	40.02
138. N Whitehead (40)	B'icay	.54	198. E Antonio (40)	"	.02
139. L Parrott (70)	Havering	.55	199. J Macaulay (L)	S'field	.06
140. J M-Porter(40)	TGT	37.00	200. A Knill (40)	B'icay	.07
141. B Butcher(50)	Mid Essex	.05	201. J Barber (L)	Benfleet	.08
142. J Boram(40)	Benfleet	.09	202. S Cockburn (L35)	S'field	.09
143. D Ford (L45)	Chelms.	.12	203. S Gilham (L45)	Ilford	.22
144. N Hopkinson(L45)	Ilford	.15	204. D Williams (50)	B'icay	.22
145. E Allen(L)	Chelms.	.19	205. N Arthey (L)	TGT	.25
146. S Morley (40)	Benfleet	.24	206. S MacIntosh (50)	"	.27
147. L Leddy (15)	Ilford	.28	207. S Macauley (L55)	S'field	.32
148. J King	TGT	.29	208. R Dobie (40)	Hav '90	.39
149. M Shirley (L)	Col. & Tend.	.29	209. G Warwick (50)	Pitsea	.52
150. N Searle	Hav. '90	.29	210. N Moses (40)	Hav '90	.52
151. A Wisbey U/A	"	.38	211. D Seymour (60)	Harlow	41.03
152. S Jolly (50) U/A	"	.48	212. G Spencer (60)	TGT	.10
153. A Pickard (L35)	TGT	.51	213. E Banville(L35)	B'icay	.16
154. D Attridge(50) U/A	"	.52	214. A Scott (L)	TGT	.21
155. M Jones (40)	Harlow	.54	215. B Williams (L55)	B'icay	.29
156. J Choulerton U/A	"	.54	216. L Gibson (L)	Harlow	.30
157. M Wheatley(50)	B'icay	.55	217. M Jordon (40)	Benfleet	.30
158. N Snow (L)	Tri Sport	.55	218. P Watson (50)	"	.31
159. D Scott (40)	TGT	38.00	219. N Conway (40)	Hav '90	.44
160. R Dawson (60)	Southend	.00	220. L Selby (L55)	Harlow	.53
161. A Dutton U/A (50)	"	.11	221. D Ovens (50)U/A	"	.57
162. C King	Hav.'90	.11	222. A Hind	S'field	.58
163. S Enders U/A	"	.22	223. S Jolly (40)	Ford Fit.	.58
164. G Saville(50)	Harlow	.22	224. M Phillips (50)	Hav '90	42.01
165. D Gibbins (L45)	Benfleet	.24	225. D Godfrey (60)	B'icay	.08
166. R Fleming	B'icay	.26	226. T Hill (L35)	Hav '90	.08
167. B Maccariello (L35)	Thurrock	.26	227. G Ball U/A	"	.10
168. no name	"	.27	228. D Harlock U/A	"	.11
169. N Ralph U/A (40)	"	.27	229. T Madders U/A	"	.14
170. T Carter	B'icay	.30	230. T Thompson (L35)	Benfleet	.19
171. R Newton(50)	Harlow	.40	231. J Wilson (L35) U/A	"	.28
172. J Spelling (L)	"	.41	232. D Crisp (L45)	Ilford	.29
173. D Wise (40 U/A)	"	.46	233. P Jones (L70)	"	.30
174. R Platt (L) U/A	"	.49	234. J Grandison U/A	"	.31
175. S Walker (L35)U/A	"	.50	235. D Fogarty (40) U/A	"	.31
176. P Wheedon U/A	"	.50	236. P Tester (L35)	Ilford	.33
177. S Gilbey (L)	Harlow	.55	237. K Moir (L35)	Harlow	.50
178. A Foster (17)	Grange Fm	.59	238. S McDonnell (16)	Hav '90	.50
179. J Larner (L35)	S'field	39.06	239. K Blackmore (L)	Greenwich	.51
180. C Cornforth (L35)	"	.12	240. J Ling (L35)	B'icay	43.00

241. D Owens (40)U/a		43.06	301. K Dailly (L)U/A		48.20
242. T Flannigan(L55)	Pitsea	.25	302. E Brown U/A L45		.23
243. M Miller U/A (40)		.30	303. P Brown (40) U/A		.58
244. D Bradley (50)	RRC	.31	304. R Bailey U/A		49.13
245. I Pickard (50)	B'icay	.35	305. Y French (L45)	Benfleet	.49
246. R Luck (50)	Harlow	.36	306. S Reid (L35)	Hav '90	.58
247. M Hoy (40)	Benfleet	.38	307. X Rayner U/A(L)		50.02
248. K Edwards (50)	S'field	.46	308. E Pugh (L)	Harlow	.03
249. J Webb (L35) U/A		.50	309. G Rayner (50)	S'field	.17
250. C Clifford (60)	Hav '90	44.02	310. A Somerville(L)	Harlow	.30
251. S Sheekey (40)	"	.08	311. N Murrell	Benfleet	.52
252. M Fribbins (50)	"	.08	312. J Wyndham U/A		51.25
253. B Giles (60)U/A		.11	313. T Hopwood U/A		.42
254. H Bullard (50)	S'field	.21	314. M Tamlyn (L45) U/A		52.02
255. K Bardrick (L35)	Benfleet	.22	315. A Morton (L35)	TGT	.10
256. B McMillan	"	.27	316. B Harding (50)	"	.10
257. D Neville (L45)	"	.32	317. J Taylor (40)	Benfleet	.34
258. P Keats (50)	Ware J.	.42	318. S Johnson (L35)	Dag. '88	.45
259. L Gibson (L35)	Benfleet	.44	319. S Norton (L35)	Benfleet	.45
260. T Phillips	"	.46	320. D Smith (L35)	S'field	.47
261. K Berry (L35)	"	.54	321. D Cotterill (L35)U/A		.51
262. B Oliver (L55)	"	.55	322. C Hunt (L35)U/A		.51
263. A Wise	Harlow	.57	323. D Bhanji (40)	S'field	.52
264. c hartleclay (40)	Hav '90	.59	324. S Hunt (L35) U/A		.53
265. L Barker (L(L)	Ilford	45.00	325. B Rowell (40)	Hav '90	53.15
266. K Penfold (50)	Hav '90	.07	326. M Warminger U/A(40)		.33
267. M Jex (40)	Harlow	.14	327. M Vaeremans (L35)S'field		54.07
268. J Spencer	Benfleet	.15	328. J Esser (L45)	"	.08
269. P McAdams U/A		.18	329. L Turner (60)	Hav '90	.43
270. G Potts	S'field	.22	330. M Cornell (40)	"	.46
271. B Farrell (L45)U/A		.25	331. B Lozowski U/A		55.15
272. M Dobson (L35)	S'field	.28	332. G Russell (60)	RRC	.25
273. H Scott (L45)	TGT	.35	333. S Fleming (L35)	B'icay	56.01
274. P Burchett (50)	Thanet RR	.35	334. L Leung (L55)	TGT	.16
275. S Buckenham (50)	RRC	.37	335. H Bitham (L45)	"	57.05
276. T Brown (L)	Hav '90	.53	336. M Guinan (50)	Harlow	58.15
277. L Bubb U/A		.56	337. C Preston (L55)	Hav '90	.20
278. S Lawson (50)	Hav '90	.57	338. K Eaton (70)	Benfleet	.20
279. S Wills (L) U/A		46.06	339. L Marshall (L45)	Hav '90	.41
280. M Harvey(40)	Hav '90	.13	340. M Moreton (40)	Benfleet	59.15
281. J Crisp (60)	Benfleet	.18	341. F Anagnostow L45	U/A	.19
282. D Holland (60)	Havering	.19	342. B Hawkes (L35)	TGT	.19
283. G Foster (40)	Grange Fm	.20	343. R Rackham (L45)	"	.38
284. B McDonnell (L45)	Hav '90	.21	344. S Knowles (L)	S'field	.38
285. R Langley (L45)	S'field	.35	345. T Howell U/A(L45)		60.36
286. no name		.46	346. K Jolly (L45) U/A		61.15
287. C Easter (50)	TGT	.50	347. M Walsh (L35) U/A		.15
288. S Woollett (L35)U/A		.51	348. D Wyatt (L45)	TGT	62.43
289. T Galvin (L35)U/A		.54	349. K Griffiths (L45)	"	
290. P Knowles (50)	S'field	.59	350. J Griffiths (50)	"	
291. I Bell (50)U/A		47.00	351. J Freeman (40)	"	
292. N Cox (40)U/A		.00	352. K Chad (50)	"	
293. L Crisp (L55)	Benfleet	.13	353. S Garratt (L35)	S'field	
294. J Hosler (60)	Hav '90	.14	354. D Hallahan (L45)	TGT	
295. S Orley (L) U/A		.28	355. L Clark (L45) U/A		
296. S Gillard (L)U/A		.34	356. H Spencer (L35)	TGT	
297. G Pells (70)	Ilford	.35	357. D Attridge (L35) U/A		
298. S Palmer (L35)U/A		.50	358. J Attridge (L45) U/A		
299. L Gary (45)	S'field	.54	359. N Traill (50) U/A		
300. M Cottrell (60)	B'icay	48.20	360. M Harris (L45)	Harlow	

361. N Hassen (L) U/A		371. P Freeman (L35)	TGT	
362. J Flower (L55) U/A		372. G Gale (L35)	"	
363. J Haynes (L) U/A		373. K Antonio (L35)	"	
364. J Pettigrove	TGT	374. M Dobson (L35)	S'field	
365. N Cadcow (L35)	"	375. M Flower (50)U/A		
366. S Hornsby (L35)	"	376. C Chandler (L35)	S'field	
367. P Browne (L45)	"	377. J Spooner (60)	RRC	67.41
368. M Oldham (L55)	"			
369. C Scrutton (L)	"			
370. S MacIntosh (L35)	"			

## TEAM RESULTS

## MEN

1. Springfield Striders 13pts 2. BILLERICAY ST. 50 3. ILFORD 61

## LADIES

1. BENFLEET R C 15 pts 2. SPRINGFIELD ST. 21 3. ILFORD 38

On behalf of the INGATESTONE BOYS OWN CLUB I would like to thank all the Officials and Marshalls, St Johns Ambulance and other helpers who made the race a great Success. I would also like to thank the Sponsors who assisted. Lastly I would like to thank the Residents of FAIRFIELD who assisted with the smooth running of the Finish Area. We hope to see you all at the 25th running of the Ingatestone '5' in 2008.

Hon Organisers Howard Williams & Keith Cranmer

I apologise for the times of the finishers from 349 onwards being omitted, but they were not given to me after the race.

Howard Williams