

PRESS RELEASE

Benfleet go solo with QuadKids event

After earlier joint forays into QuadKids competitions with Basildon and East Essex Triathlon Club, Benfleet Juniors Running Club successfully ran their own fixture at a seasonally warm but breezy Chelmsford Sports and Athletics Centre on Saturday 10th September.

Forty entries of mixed ages and abilities from Benfleet, other local clubs and schools made for a varied morning as each youngster tackled the four QuadKids events in turn – long jump, howler throw and 600m run – all finishing with the 75m sprint before some fun relays to round off the proceedings, including a competitive adults-only relay!

Many of the children had competed in earlier QuadKids events, including that held at Basildon in January, and the event gave them the chance to see how their performances compared to previous outings. For others it was a new experience and they'll wish to return on a later date to better their points tally and measure their progress.

James Neale (East Essex Tri) repeated his victory from the January event to win the Under 15 Boys' competition, while sisters Sinead (Benfleet RC) and Megan (Basildon AC) Clark had to share the U15 Girls' medal after finishing on exactly the same points tally after the four events! Their proud mum Deborah said "All competitors deserve to be congratulated. The great thing about the QuadKids event is that it's within everyone's capabilities."

Organiser Karl Cadman wanted to thank all the Coaches and Volunteers who gave up their time on Saturday to ensure the event went like clockwork. "It was good to see so many local children competing and the day went so well we were ahead of schedule for the events."

Tony Benton, the Essex Network Activator, concluded "Well done to Benfleet Running Club for taking up the challenge to organise their first QuadKids event and for having so many volunteers on hand to make sure everything went well, ensuring that all those who competed were able to give their best. The format is now firmly embedded across our Network and the 2012 QuadKids season promises to be even better!"

Individuals::

Boys:

1. James Neale (East Essex Tri) 255 points;
2. Morgan Thompson (Braintree) 240 points.
3. Adam Wright (Benfleet) 162 points

Girls:

- 1 equal. Megan Clark (Basildon) & Sinead Clark (Benfleet) both 204 points;
3. Megan Robinson (Westcliff HS) 195 points;



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