



Individual Score Sheet

Benfleet 11.15	BEST		CURRENT		LAST		Units	NEXT TARGET	NEW SCORE
	Points	Score	Points	Score	Points	Score			
Smith, Jamie									
100m	15	17.45	15	17.45	0	0	Time (s)	17.4	_____
400m	23	87	23	87	0	0	Time (s)	86.0	_____
5 bounding strides	35	9	35	9	0	0	Distance (m)	9.25	_____
60m	49	9.94	49	9.94	0	0	Time (s)	9.9	_____
Chest push (1kg ball)	21	4	21	4	0	0	Distance (m)	4.25	_____
Cross country race 1 result	139	42/42	139	42/42	0	0	Positon	145	_____
Quoit	9	10	9	10	0	0	Distance (m)	10.50	_____
Standing long jump	49	1.89	49	1.89	31	1.5	Distance (m)	1.90	_____
Standing triple jump	36	4.96	36	4.96	0	0	Distance (m)	5.0	_____

Points:

Award:

Jumping

120

Blue

Speed

87

Green

star:track

81

Yellow



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	Points	Score	Points	Score	Points	Score			
Frith, Keye									
100m	8	20.0	8	20.0	0	0	Time (s)	19.0	_____
5 bounding strides	35	9	35	9	0	0	Distance (m)	9.25	_____
60m	38	10.67	38	10.67	0	0	Time (s)	10.6	_____
Chest push (1kg ball)	21	4	21	4	0	0	Distance (m)	4.25	_____
Quoit	9	10	9	10	0	0	Distance (m)	10.50	_____
Standing long jump	31	1.50	31	1.50	6	1.00	Distance (m)	1.52	_____
Standing triple jump	11	3.6	11	3.6	0	0	Distance (m)	3.68	_____

Points:

Award:

Jumping

77

Yellow

star:track

52

None



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	BEST		CURRENT		LAST		Units	NEXT TARGET	NEW SCORE
	Points	Score	Points	Score	Points	Score			
Bright, Matthew									
100m	12	18.11	12	18.11	0	0	Time (s)	18.0	_____
5 bounding strides	35	9	35	9	0	0	Distance (m)	9.25	_____
Chest push (1kg ball)	21	4	21	4	0	0	Distance (m)	4.25	_____
Standing long jump	31	1.5	31	1.5	0	0	Distance (m)	1.52	_____
Standing triple jump	34	4.86	34	4.86	0	0	Distance (m)	4.88	_____

Points:

Award:

Jumping

100

Green



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	Points	Score	Points	Score	Points	Score			
O'Rahilly, Megan									
60m	56	9.64	56	9.64	0	0	Time (s)	9.6	_____
Cross country race 1 result	139	38/44	139	38/44	0	0	Positon	145	_____

Points:

Award:



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	Points	Score	Points	Score	Points	Score			
Dodds, Nathan									
100m	20	16.59	20	16.59	0	0	Time (s)	16.5	_____
400m	34	77	34	77	0	0	Time (s)	76.1	_____
5 bounding strides	35	9	35	9	0	0	Distance (m)	9.25	_____
Chest push (1kg ball)	38	6	38	6	0	0	Distance (m)	6.25	_____
Quoit	9	10	9	10	0	0	Distance (m)	10.50	_____
Standing long jump	55	2.05	55	2.05	53	2	Distance (m)	2.8	_____
Standing triple jump	43	5.5	43	5.5	0	0	Distance (m)	5.54	_____

Points:

Award:

Jumping

133

Blue

star:track

98

Green



Individual Score Sheet

Benfleet 11.15

	BEST		CURRENT		LAST			NEXT	NEW
	Points	Score	Points	Score	Points	Score	Units	TARGET	SCORE

Turnnidge, Sam

60m	41	10.42	41	10.42	0	0	Time (s)	10.4	_____
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Points:

Award:



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Benfleet 11.15

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	Points	Score	Points	Score	Points	Score			
Mahr, Robin									
100m	16	17.27	16	17.27	0	0	Time (s)	17.2	_____
5 bounding strides	35	9	35	9	0	0	Distance (m)	9.25	_____
Chest push (1kg ball)	21	4	21	4	0	0	Distance (m)	4.25	_____
Cross country race 1 result	139	27/42	139	27/42	0	0	Positon	145	_____
Standing long jump	31	1.5	31	1.5	0	0	Distance (m)	1.52	_____
Standing triple jump	41	5.36	41	5.36	0	0	Distance (m)	5.38	_____

Points:

Award:

Jumping

107

Green



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	Points	Score	Points	Score	Points	Score			
Camp, Bradley									
5 bounding strides	35	9	35	9	0	0	Distance (m)	9.25	_____
60m	37	10.8	37	10.8	0	0	Time (s)	10.7	_____
Chest push (1kg ball)	21	4	21	4	0	0	Distance (m)	4.25	_____
Cross country race 1 result	139	25/42	139	25/42	0	0	Positon	145	_____
Standing long jump	43	1.7	43	1.7	31	1.5	Distance (m)	1.74	_____

Points:

Award:



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	Points	Score	Points	Score	Points	Score			
Hair, Andrew									
100m	17	17.17	17	17.17	0	0	Time (s)	17.0	_____
5 bounding strides	35	9	35	9	0	0	Distance (m)	9.25	_____
Chest push (1kg ball)	21	4	21	4	0	0	Distance (m)	4.25	_____
Standing long jump	51	1.94	51	1.94	31	1.50	Distance (m)	1.96	_____

Points:

Award:



Individual Score Sheet

Benfleet 11.15

BEST		CURRENT		LAST		Units	NEXT	NEW
Points	Score	Points	Score	Points	Score		TARGET	SCORE

Davis, Chloe

Points:

Award:

