

Date	Event	Type	Distance	Location	Club	Cost (BTF)	Note
05-Apr-09	Rayleigh	Aquathlon	440yrd/5km	Rayleigh	East Essex Tri	£11	Open for entry
27-Sep-09	E.Anglia	Aquathlon	400m/2.8km	Norwich	Tri Anglia	£17	Entries open 8th Jan
19-Apr-09	Cambridge	Duathlon	7km/40km/7km	Bottisham Village College, Cambridge	Cambridge Triathlon Club	£31	Open for entry
19-Apr -09	Dragonslayer	Duathlon	7km/40km/5km			£28	
31-May-09	Benfleet Club Duathlon	Duathlon	3m / 15m / 2m	Haningfield			
23-Aug-09	Newmarket	Duathlon	5km/23km/5km	Mildenhall, Suffolk	Newmarket Cycling Triathlon		
20-Sep-09	Ipswich	Duathlon	5km/23km/5km	Alton Water Leisure Park	Ipswich Tri		
03-May-09	Waveney Valley	Sprint Triathlon	400m/20km/3.2km	Bungay, Norfolk	Tri Anglia	£32	Entry list full
10-May-09	Basildon	Sprint Triathlon	400m/10km/4km	Basildon, Essex	Born 2 Tri	£20	Open for entry
10-May-09	Hatch End	Sprint Triathlon	400m/17km/3.5km	Harrow, Middx	Jetstream Tri	£20.50	Open for entry
17-May-09	Newmarket Triathlon	Sprint Triathlon	200m/22km/4km	Newmarket Leisure Centre, Suffolk	Newmarket Triathlon Club	£30	Open for entry
31-May-09	Crystal Palace	Sprint Triathlon	750m/20km/5km	Crystal Palace National Sports Centre	Chrystal Palace Tri	£33	
07-Jun-09	Braintree	Sprint Triathlon	400m/20km/5km	Halstead, Essex	Born 2 Tri	£25	Open for entry
14-Jun-09	Bedford Trakors Tri	Sprint Triathlon	400m/24km/5km	Robinson Pool, Bedford	Galeforce Events	£31	Open for entry
20-Jun-09	Harwich	Sprint Triathlon	300m/24.2km/5km	Harwich, Essex	Harwich Tri	*	Included in membership
28-Jun-09	Saffron Walden	Sprint Triathlon	750m/25km/5km	Saffron Walden, Essex	Waldren Tri	£30	Open for entry
19-Jul-09	Grays	Sprint Triathlon	400m/20km/5km	Grays, Essex	East Essex Tri	£25	Open for entry
26-Jul-09	Culford	Sprint Triathlon	300m/21km/4.5km	Culford School, Suffolk	Ipswich Tri	£19	
09-Aug-09	Luton Triathlon	Sprint Triathlon			Galeforce Events		Awaiting information
31-Aug-09	Thames Turbo	Sprint Triathlon	246m/21km/5km	Hampton, Middlesex	Thames Turbo Tri	£35	Open for entry
06-Sep-09	Blackwater	Sprint Triathlon	400m/21km/6km	Maldon, Essex	Blackwater Tri	£25	
20-Sep-09	Sevenoaks	Sprint Triathlon	400m/27km/8km	Sevenoaks, Kent	Seven Oaks Tri	£30	
24-May-09	Merchant Taylor	Olympic Triathlon	1500m/40km/10km	Merchant Taylors' School Fritton Lake, Great	Triathlon Zone	£52	Open for entry
07-Jun-09	Fritton lake	Olympic Triathlon	1500m/40km/10km	Yarmouth	Fritton Lake	£40	Open for entry
21-Jun-09	Harwich	Olympic Triathlon	1500m/40km/10km	Harwich, Essex	Harwiich Tri	£30	Open for entry
05-Jul-09	Norwich	Olympic Triathlon	1500M/39km/10km	Norwich	Tri Anglia	£45	Open for entry
02-Aug-09	London	Olympic Triathlon	1500m/40km/10km	Docklands, London	London Triathlon	£78	waiting list
16-Aug-09	Cambridge	Olympic Triathlon	1500m/40km/10km	Cambridge	Cambridge Tri	£35	
13-Sep-09	Clacton	Olympic Triathlon	1500m/40km/10km	Clacton-on-Sea, Essex	Clacton Tri	£33	Open for entry