

BENFLEET ULTRA 2008

Runner Groups (only for the journey to the start), Drivers & Start Times

Group	Declared mins/mile	Runners	Driver	Start Time	Leave House	
	12	Ken Eaton		9.00		↑ TO MY HOUSE & READY TO LEAVE BY 8.00
1	10-11	Kirste	1) Lyn			
	10-11	John Bowman		9.05	8.05	
	10-11	Denise Neville	2)			
	10-11	Jo Barber	W.S 10m&20mile			
	10 1/2	Lynda Crisp				
2	10 1/2	John Crisp	3) Louis	9.10	8.05	
	10-10 1/2	Katie King	W.S 3mile			
			W.S 11mile			
						↓ To my house ready to leave by 8.30
	10	Bobby				
3	10	Linda Ingram	4) Lynda's son	9.15	8.05	
	10	Toni Balaam	W.S 4 mile			
			W.S 11mile			
4	10	Sara Green				
	10	Stuart Goldsack	5) John & Janet	9.18	8.15	
			W,S 5mile			
			W.S 12mile(Bottles)			
5	9 1/2	Karl				
	9 1/2	John Wheeler	6) Mark W	9.25	8.20	
		Godfrey	W.S 6mile			
			W.S 13mile			
6	9-9 1/2	Mike(By BIKE)	7) Ian J	9.30	8.20	
	9	Nicky Triggs	W.S 7 mile			
	9	Vic	W.S 14mile			
7	9	Phil				
	9	Ricki Gilmore	8) Tarnia			
	9	Bob Johnson	W.S 7mile	9.35	8.30	
			W.S 15mile (bottles)			
8	8 1/2 -9	Sarah Grabowski				
	8 1/2 -9	Jo Burtonshaw	9)IanBurtonshaw	9.40	8.30	
	8 1/2 -9	Susanne Bardon	W.S 8 mile			
			W.S 16mile			
	8 1/2	Debbie				
9	8 1/2	Steve Higgins	10) Dave C	9.42	8.30	
		Caroline (start with 8)	W.S 8mile& 17			

	8	Andy Frith				
10	8	Graeme M	11) Brian	9.45	8.40	
	8	Terry T	W.S 9mile 18m			
	8	Nick Rankin				
11	8	Kevin Challis	12) Matthew P	9.47	8.40	
	7 3/4	GRAHAM B	W.S 9mile & 19m			
	7 3/4	Lorna				
12	7 3/4	Graham Newman	13) Clive	9.50	8.45	
			W.S 10mile(bottles)			
	7	Steve Des				
13	6 3/4	Steff	13) Clive	9.55	8.45	
	6 1/2	Paul Todd				

To my house ready to leave by 8.40